

# The Composition of the Volatile Fraction of the Italian Citrus Essential Oils

By Giovanni Dugo, Università di Messina, Italy

The annual production of citrus fruits in Italy amounts to about 3,500,000 tons, 31% of which goes to the transformation industries. Table I reports the production data, the quantity transformed and the essential oil obtained from each fruit.<sup>1</sup>

Unfortunately, it is difficult to find accurate information about bitter orange and its essential oil because the production of this type of orange is very limited.

The contribution of Sicily and Calabria to citrus production in Italy reaches 90% at least, which makes them the most important suppliers of Italian citrus products. In particular, Sicily produces about 70% of the total amount of citrus, and 90% of lemon fruit produced in Italy.

Figure 1 shows the Sicilian and Calabrian fruit-growing areas for each fruit. The transformation industries are situated in the same areas.

In Italy the citrus fruit season starts in October-November. Production and processing periods of different *Citrus* species differ remarkably (Figure 2). The lemon season lasts the entire year; in the first part of the season, "primofiore" lemons are processed, from then, up to spring, "winter" lemons, then "bianchetti" and finally, in summer, "verdelli" lemons.

The productive season of the other citrus fruits is more limited. For example, mandarin season starts in October

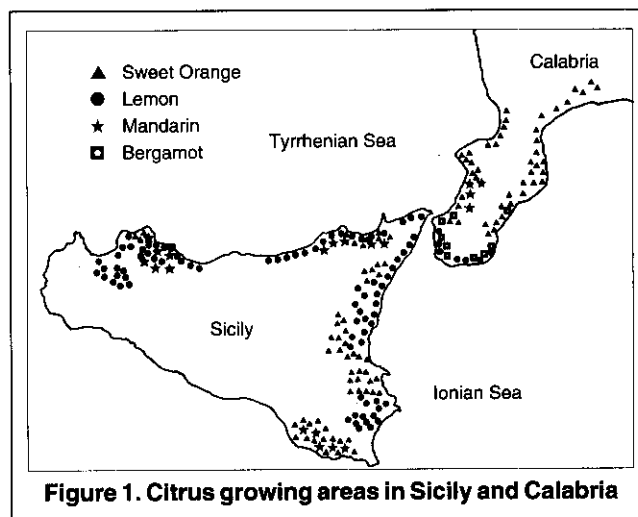
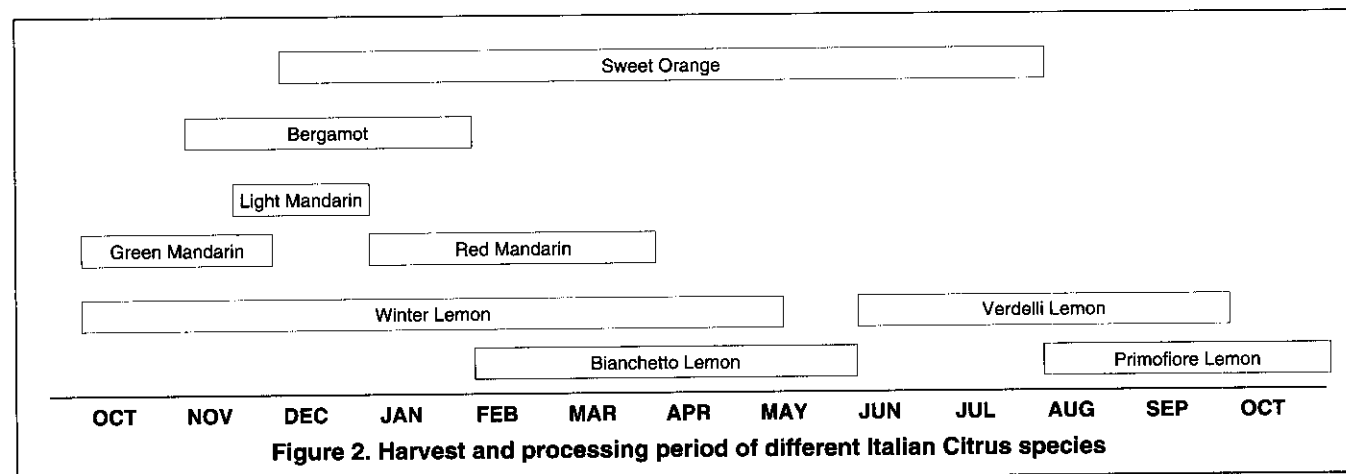
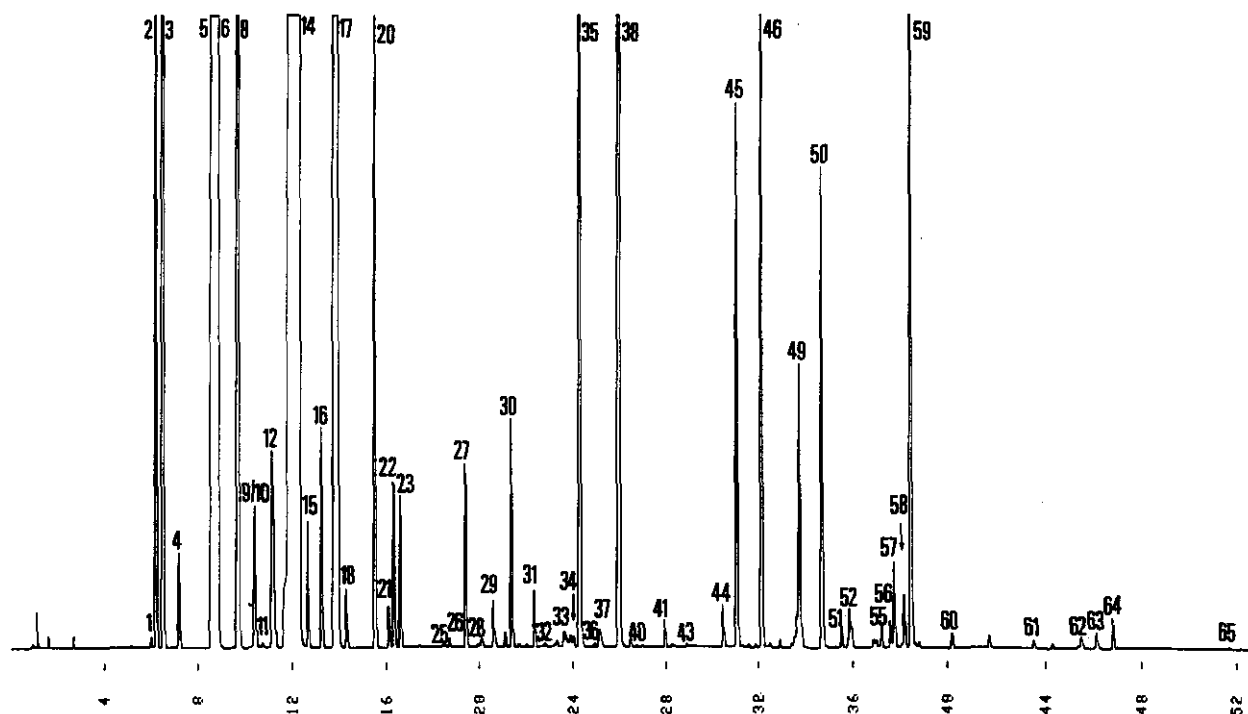


Table I. Production of citrus fruits and their essential oils during the 1991/1992 season

Fruit type	Fruit Produced tons	Transformed tons	Essential oil tons
Lemon	860,000	195,000	775
Sweet orange	2,004,000	790,000	1,350
Mandarin and other small fruit	523,000	63,000	315
Bergamot	18,000	18,000	100

A. Cotroneo, R. Del Duce, M.G. Donato, Giacomo Dugo, P. Dugo, G. Lamonica, G. Licandro, L. Mondello, I. Stagno d'Alcontres, A. Trozzi and A. Verzera have taken part in the research which allowed this report.





**Figure 3. Gas chromatogram of a lemon essential oil**

**Experimental:** gas chromatograph Fisons Series Mega 5160, equipped with a Shimadzu data processor C-3RA; detector FID; a silica capillary column 25 m x 0.32 mm i.d. coated with SE-52; column temperature 60°C (8') to 100°C at 3°C/min, to 130°C at 2.5°C/min, to 180°C at 3°C/min; injector and detector temperature, 280°C; injection mode, split; carrier gas H<sub>2</sub>, 0.50 kg/cm<sup>2</sup>. For identification of components, see Table II.

and lasts until the beginning of March; in the early season unripe fruits (green mandarins) are processed, after which processing of ripe fruits (red mandarins) begins.

The sweet orange season is between December and July; in Italy 70% of the transformed oranges possess blond-pulp while the remaining 30% are blood-pulp. In the early season (from December to January) the industries process ripe blond-pulp oranges; in the mid-season, from February to April, overall blood-pulp oranges and in late season blond-pulp oranges which ripen late.

The most important cultivars transformed are:

**Early season:** Biondo comune, Navelina, Washington navel, Moro and Tarocco (less ripe);

**Mid season:** Biondo comune, Moro, Tarocco, Sanguinello;

**Late season:** Sanguinello, Ovale, Valencia late.

This list should only be considered as a general guideline of which oranges are processed at what time. It should be remembered that during the period when only blond fruits are usually picked, it is possible for blood oranges also to be processed. The contrary could also happen during the period when blood oranges are principally picked.

Finally, the bitter orange productive season lasts from October to March, while that of bergamot from November to February.

The methods employed to obtain cold-pressed essential

oils in Italy are: "Sfumatrice," "Pelatrice," "Torchì" and "FMC."

As one might expect from their names, the first three technologies were developed in Italy while the "FMC" process was developed in the United States. Presently, the FMC process is widespread, representing about 15-20% of the transformation machines working in Italy.

Modern mechanical systems for cold extraction of citrus oils require the following fundamental steps:

1. Mechanical action on fruits or on rind in order to cause utricles to break so that the essential oil can be released.
2. The use of an aqueous phase in which the citrus oil forms an emulsion so that it can be moved away from the oil release. In some situations the aqueous phase is recycled to limit the loss of oxygenated compounds.
3. Emulsion centrifugation to obtain pure essential oil.

"Sfumatrice" machines work on rinds without pulp; now these are not widely used and are replaced by "Torchì" which work on the entire fruits too. Both technologies, especially "Sfumatrice," yield essential oils that possess acceptable olfactive properties.

In contrast, "Pelatrice" machines work on the entire fruit, and the essential oil is obtained by rasping the fruit epicarp in order to cause utricles to break. "FMC" machines

Table II. Composition of the volatile fraction of lemon oil

	$\bar{X}$	s	Min	Max
1 tricyclene	0.006	0.001	0.003	0.008
2 $\alpha$ -thujene	0.443	0.026	0.370	0.543
3 $\alpha$ -pinene	1.979	0.095	1.496	2.403
4 camphene	0.060	0.004	0.046	0.081
5 sabinene	2.009	0.202	1.128	2.794
6 $\beta$ -pinene	12.747	1.452	9.453	17.794
7 6-methyl-5-hepten-2-one	0.004	0.003	0.001	0.017
8 myrcene	1.480	0.094	1.053	1.860
9 octanal	0.053	0.016	0.021	0.137
10 $\alpha$ -phellandrene	0.055	0.018	0.013	0.127
11 $\delta$ -3-carene	0.004	0.002	0.001	0.010
12 $\alpha$ -terpinene	0.188	0.024	0.049	0.251
13 p-cymene	0.154	0.085	0.025	0.675
14 limonene	65.367	1.900	59.570	71.060
15 (Z)- $\beta$ -ocimene	0.069	0.023	0.031	0.149
16 (E)- $\beta$ -ocimene	0.119	0.025	0.070	0.204
17 $\gamma$ -terpinene	9.523	0.423	6.586	11.275
18 trans-sabinene hydrate	0.039	0.009	0.014	0.074
19 octanol	0.003	0.002	0.001	0.008
20 terpinolene	0.382	0.025	0.205	0.438
21 cis-sabinene hydrate	0.030	0.010	0.010	0.072
22 linalool	0.100	0.018	0.049	0.179
23 nonanal	0.106	0.020	0.044	0.194
24 cis-limonene oxide	0.005	0.004	0.002	0.024
25 trans-limonene oxide	0.006	0.003	0.002	0.019
26 camphor	0.007	0.002	0.003	0.015
27 citronellal	0.096	0.019	0.040	0.166
28 borneol	0.005	0.003	0.001	0.017
29 terpinen-4-ol	0.029	0.011	0.010	0.080
30 $\alpha$ -terpineol	0.156	0.040	0.058	0.276
31 decanal	0.038	0.011	0.012	0.082
32 octyl acetate	0.004	0.002	0.001	0.011
33 nerol + citronellol	0.035	0.024	0.006	0.179
34 carbonyl compound	0.016	0.013	0.002	0.090
35 neral	0.864	0.140	0.455	1.333
36 piperitone	0.004	0.002	0.001	0.012
37 geraniol	0.022	0.009	0.004	0.059
38 geranial	1.461	0.238	0.602	2.252
39 perillaldehyde	t			
40 bornyl acetate	0.004	0.002	0.002	0.014
41 undecanal	0.021	0.005	0.002	0.046
42 nonyl acetate	0.005	0.002	0.002	0.019
43 methylgeranate	0.003	0.001	0.002	0.011
44 citronellyl acetate	0.028	0.009	0.005	0.082
45 neryl acetate	0.398	0.081	0.228	0.883
46 geranyl acetate	0.408	0.128	0.163	0.809
47 dodecanal	t			
48 decyl acetate	t			
49 $\beta$ -caryophyllene	0.229	0.028	0.107	0.334
50 trans- $\alpha$ -bergamotene	0.354	0.038	0.211	0.579
51 $\alpha$ -humulene	0.016	0.003	0.007	0.030
52 $\beta$ -santalene + cis- $\beta$ -farnesene	0.046	0.007	0.007	0.074
53 $\gamma$ -muurolene	0.009	0.003	0.004	0.023
54 germacrene D	0.008	0.003	0.003	0.019
55 sesquiterpene	0.018	0.003	0.003	0.038
56 valencene	0.023	0.017	0.001	0.088
57 germacrene B	0.063	0.014	0.023	0.120
58 sesquiterpene	0.043	0.007	0.013	0.134
59 $\beta$ -bisabolene	0.529	0.067	0.295	0.916
60 $\gamma$ -elemene	0.015	0.002	0.006	0.028
61 tetradecanal	0.010	0.002	0.004	0.018
62 2,3-dimethyl-3-(4-methyl-3-pentenyl)-2-norbornanol	0.018	0.004	0.009	0.038
63 campherenol	0.018	0.003	0.007	0.034
64 $\alpha$ -bisabolol	0.022	0.003	0.009	0.030
65 nootkatone	0.004	0.002	0.001	0.010
hydrocarbons	95.847	0.463	93.668	97.677
monoterpenes	94.510	0.526	92.183	96.644
sesquiterpenes	1.337	0.145	0.811	2.174
oxygenated compounds	3.920	0.411	2.303	5.470
carbonyl compounds	2.657	0.364	1.371	3.798
alcohols	0.423	0.106	0.186	0.748
esters	0.836	0.183	0.419	1.583

t = trace

also process the entire fruit providing the contemporaneous extraction of juice and oil and give good quality products.

The aqueous phase that carries the essential oil is easily recycled when oil is produced using the "Pelatrice" and "FMC" processes. The ability to recycle the aqueous phase is more difficult for "Sfumatrice" and "Torchii" because of the rapid increase of pectins in the aqueous phase.

Genuine Italian essential oils, for several reasons, are offered on the international market at prices which are considerably higher than those of the essential oils produced in other citrus-growing countries. The main reason for this is the lack of efficient coordination between the citrus processors and citrus growers. However, despite the disadvantage of the higher cost, cold-pressed Italian essential oils, namely lemon, mandarin and bergamot, are highly valued and are able to find an outlet on the basis of superior quality of their olfactory characteristics.

It has always been our opinion that, in order to defend its position on the international market, the Italian citrus-processing industry must base its economic policy on the genuineness and high quality of its products, without trying to meet its competitors at their price levels.

Therefore, in order to provide fundamental information on the quality and genuineness of Italian citrus oils, we have performed research on the chemical composition of the volatile fractions of lemon,<sup>2-6</sup> mandarin,<sup>7,8</sup> bergamot,<sup>9,10</sup> sweet orange<sup>11</sup> and bitter orange<sup>12</sup> oils. The samples analyzed were undoubtedly genuine, produced with the usual industrial techniques and representative of entire productive seasons and of all productive areas.

### Lemon Oil

Lemon oil is produced with the usual industrial techniques: "Pelatrice," "Sfumatrice," "Torchii," "FMC;" in summer it is mostly obtained by "Pelatrice." In fact the oil obtained from summer lemons is worse than that of winter lemons, so it is preferable to use a less expensive technology such as "Pelatrice."

The volatile fraction of lemon oil constitutes about 96-98% of the whole oil.

Figure 3 shows the chromatogram of a lemon oil analyzed by gas chromatography (GC) using an SE-52 column. Table II reports its composition as single components and classes of substances.

The results reported in Table II refer to 1,546 industrial samples, absolutely genuine lemon oil, which are representative of entire productive seasons from 1982 to 1992 and of all productive areas. As can be seen, limonene is the main component: its percentage lies between 60% and 71%. Among the other monoterpenes, there is a high proportion of  $\beta$ -pinene (9-18%) and  $\gamma$ -terpinene (8-11%). Oxygenated compounds are found in amounts between 2.3% and 6.3%. Aldehydes are the class of substances which mainly contribute to the total content of oxygenated compounds. In particular, the main oxygenated components of the oil are neral and geranial (in time past called Citral A and Citral B). The so-called "Citral" (total content of carbonyl compounds)

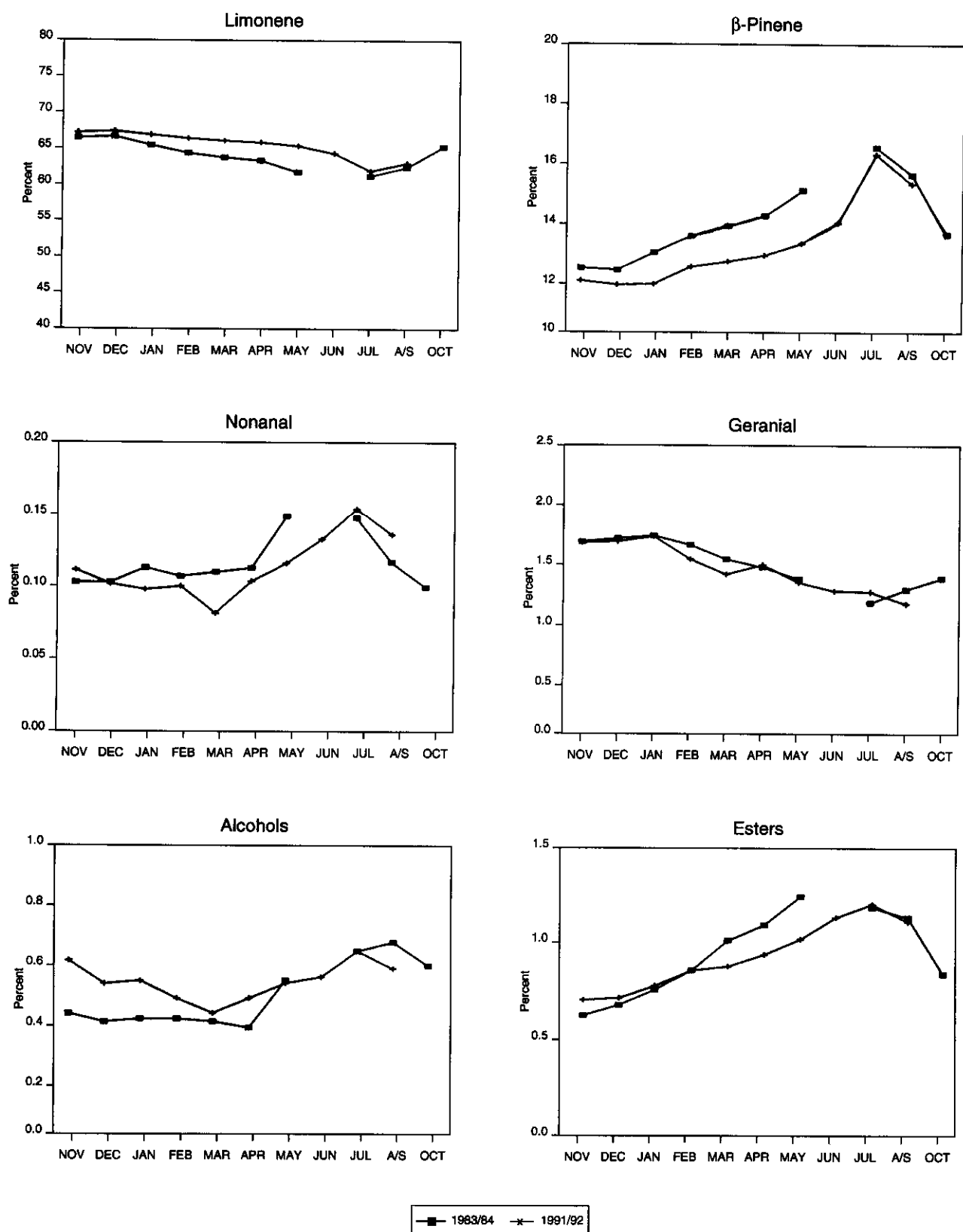


Figure 4. Variation in average content of limonene, β-pinene, geranial, nonanal, esters and alcohols for lemon oils produced during two different seasons

**Table III. Composition of the volatile fraction of winter (November-March) and summer (June-September) lemon oils**

	Winter		Summer	
	$\bar{X}$	s	$\bar{X}$	s
1 tricyclene	0.006	0.001	0.007	0.001
2 $\alpha$ -thujene	0.449	0.024	0.414	0.017
3 $\alpha$ -pinene	1.982	0.097	1.982	0.083
4 camphene	0.059	0.004	0.066	0.004
5 sabinene	1.954	0.189	2.264	0.198
6 $\beta$ -pinene	12.179	1.122	15.209	1.300
7 6-methyl-5-hepten-2-one	0.003	0.002	0.005	0.003
8 myrcene	1.515	0.084	1.359	0.058
9 octanal	0.050	0.009	0.062	0.029
10 $\alpha$ -phellandrene	0.051	0.012	0.083	0.026
11 $\delta$ -3-carene	0.004	0.002	0.005	0.002
12 $\alpha$ -terpinene	0.191	0.023	0.169	0.028
13 p-cymene	0.146	0.090	0.180	0.071
14 limonene	66.019	1.628	62.651	1.487
15 (Z)- $\beta$ -ocimene	0.064	0.022	0.078	0.018
16 (E)- $\beta$ -ocimene	0.111	0.020	0.135	0.027
17 $\gamma$ -terpinene	9.483	0.415	9.491	0.462
18 trans-sabinene hydrate	0.038	0.009	0.047	0.011
19 octanol	0.002	0.001	0.005	0.001
20 terpinolene	0.386	0.025	0.359	0.030
21 cis-sabinene hydrate	0.030	0.010	0.038	0.011
22 linalool	0.101	0.017	0.104	0.016
23 nonanal	0.100	0.016	0.136	0.021
24 cis-limonene oxide	0.005	0.003	0.006	0.002
25 trans-limonene oxide	0.005	0.003	0.006	0.002
26 camphor	0.008	0.002	0.007	0.002
27 citronellal	0.095	0.017	0.089	0.019
28 borneol	0.006	0.003	0.005	0.004
29 terpinen-4-ol	0.026	0.009	0.045	0.012
30 $\alpha$ -terpineol	0.150	0.036	0.206	0.035
31 decanal	0.032	0.006	0.060	0.010
32 octyl acetate	0.003	0.002	0.006	0.002
33 nerol + citronellol	0.027	0.011	0.070	0.052
34 carbonyl compound	0.016	0.014	0.020	0.015
35 neral	0.910	0.124	0.705	0.115
36 piperitone	0.004	0.002	0.004	0.001
37 geraniol	0.021	0.009	0.026	0.006
38 geranial	1.547	0.205	1.154	0.179
39 perillaldehyde	t		t	
40 bornyl acetate	0.004	0.002	0.005	0.003
41 undecanal	0.020	0.004	0.030	0.004
42 nonyl acetate	0.004	0.002	0.006	0.002
43 methylgeranate	0.004	0.001	0.003	0.001
44 citronellyl acetate	0.026	0.007	0.030	0.009
45 neryl acetate	0.378	0.054	0.538	0.095
46 geranyl acetate	0.357	0.103	0.535	0.079
47 dodecanal	t		t	
48 decyl acetate	t		t	
49 $\beta$ -caryophyllene	0.229	0.028	0.238	0.024
50 trans- $\alpha$ -bergamotene	0.349	0.035	0.375	0.025
51 $\alpha$ -humulene	0.016	0.003	0.015	0.003
52 $\beta$ -santalene + cis- $\beta$ -farnesene	0.046	0.007	0.046	0.009
53 $\gamma$ -muurolene	0.009	0.004	0.009	0.002
54 germacrene D	0.007	0.001	0.009	0.004
55 sesquiterpene	0.018	0.003	0.020	0.003
56 valencene	0.016	0.009	0.040	0.023
57 germacrene B	0.061	0.012	0.075	0.016
58 sesquiterpene	0.042	0.006	0.046	0.005
59 $\beta$ -bisabolene	0.521	0.060	0.571	0.043
60 $\gamma$ -elemene	0.015	0.002	0.016	0.002
61 tetradecanal	0.009	0.002	0.012	0.002
62 2,3-dimethyl-3-(4-methyl-3-pentenyl)-2-norbornanol	0.016	0.003	0.022	0.005
63 campheranol	0.018	0.003	0.021	0.002
64 $\alpha$ -bisabolol	0.022	0.003	0.025	0.002
65 nootkatone	0.003	0.001	0.006	0.002
hydrocarbons	95.843	0.458	95.753	0.439
monoterpenes	94.528	0.511	94.309	0.466
sesquiterpenes	1.315	0.131	1.444	0.092
oxygenated compounds	3.940	0.408	3.940	0.389
carbonyl compounds	2.771	0.330	2.258	0.293
alcohols	0.402	0.093	0.565	0.081
esters	0.764	0.138	1.110	0.122

t = trace

has become an important parameter to establish the price of the oil and today, too, it represents a reference of quality. Esters are present in quantities which vary from 0.4% to 1.6% while the content of alcohols varies from 0.2% to about 0.7%.

The volatile fraction composition of lemon oil shows cyclic variations during the year. These variations are especially due to the different type of lemons processed during the productive season.

The characteristic trends of all components and classes of substances are almost identical in the several years investigated and also their average values are almost equal in the same period of different productive seasons.

The greatest quantitative differences registered for identical periods of different years can be explained by the presence of different proportions of lemon type processed and to a lesser extent by the area from where lemons were grown.

The reproducibility of the annual cyclic variations of lemon oil composition is shown in Figure 4, in which the results of some parameters for two different productive seasons are compared.

As can be seen in the same figure, the composition of the high quality winter oils is different from that of summer oils. In fact, from the beginning of the season to March-April, the content of single components and of the classes of substances is almost the same, while from April to August the composition of lemon oil changes remarkably. Esters, alcohols,  $\beta$ -pinene, sabinene and aliphatic aldehydes reach their maximum in the oils produced in summer when neral, geranial and limonene show their lowest levels.

Table III shows the quantitative differences between "winter" (November-March) and "summer" (May-September) oils.

Oils obtained from "Primofiore" lemons, which often constitute a high percentage of the total lemons processed in October and November, show some characteristics in their composition: namely, a very low content of the esters (up to 0.42%) and a high content of linalool (up to 0.18%).

The extraction technology influences the volatile fraction composition of lemon oils. The oils obtained from "Pelatrice" and "FMC" machines generally show a higher content of oxygenated compounds (carbonyl compounds and esters) and a lower content of hydrocarbons than those obtained from "Sfumatrice" and "Torchì" for the same period of the year.

As discussed above, because of the difficulty in recycling the aqueous phase when a higher aqueous phase/essential oil ratio is used, a heavier loss of the oxygenated compounds is experienced with the "Sfumatrice" and "Torchì" technologies than the "Pelatrice" and "FMC" processes.

Table IV and Figure 5 show the quantitative differences in the composition of the "winter" oils obtained by different processes. "Sfumatrice" also includes the oils produced by the "Torchì" process because both produce oils with similar compositions.

Italian lemon oils show an average aldehyde content included in the range shown by California oils but higher

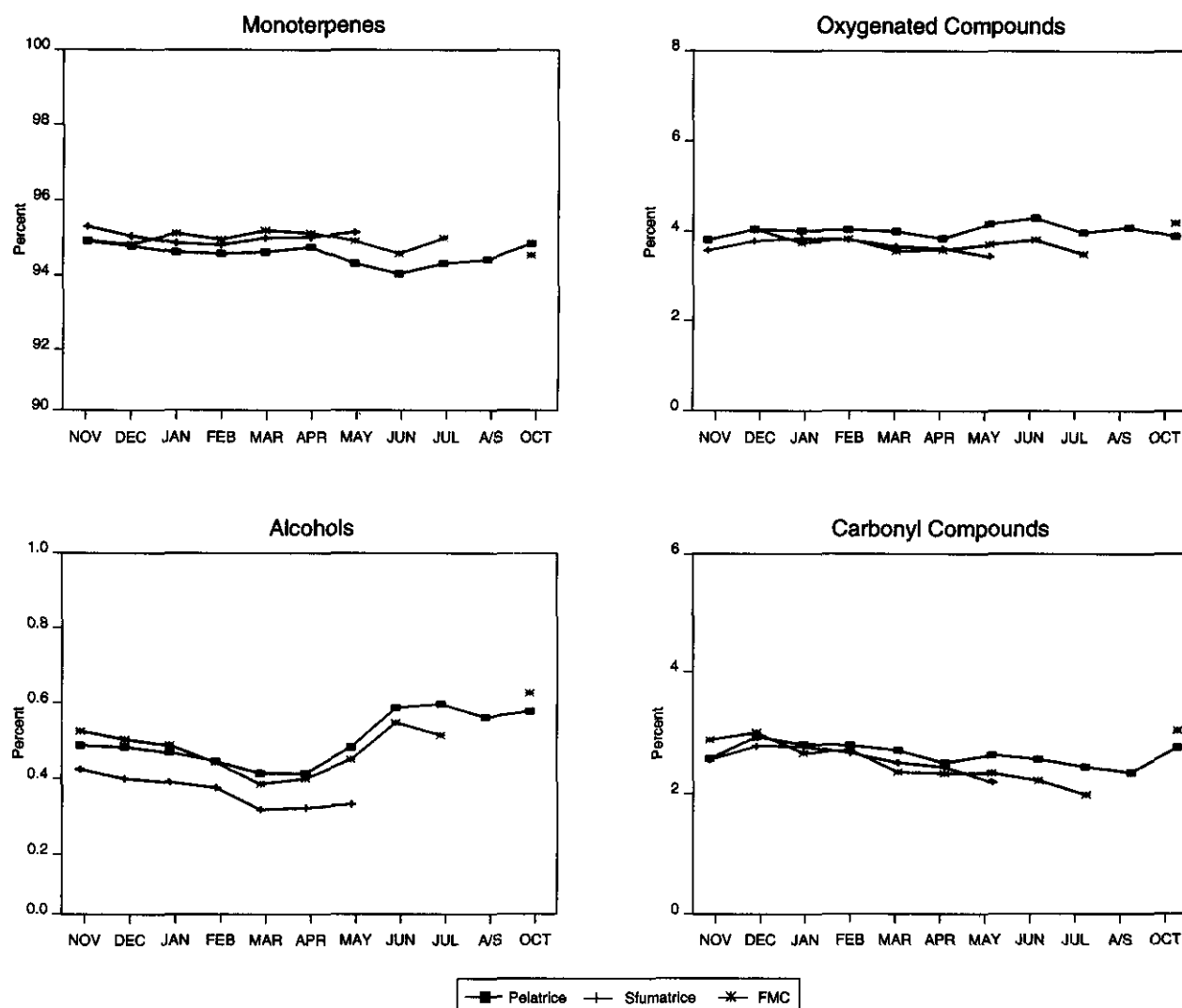


Figure 5. Variation in average content of monoterpenes, oxygenated compounds, carbonyl compounds and alcohols for lemon oils processed by different industrial technologies

than that of Arizona oils. Among them the "winter" Italian oils possess an aldehyde content similar to that of California oils, while "summer" oils show a value nearer to that of Arizona oils.

The average ester content for the "summer" Italian oils is near to the California value. For the "winter" Italian oils, the ester value is very similar to that of the Arizona oils.

The average alcohol content is similar to the minimum values shown by the California oils (early oils) and to the maximum alcohol values of the Arizona oils (early oils).<sup>13</sup>

Italian lemon oils have a composition very similar to that of Uruguayan oils, particularly of the south of Uruguay,<sup>14</sup> while they have a higher content of oxygenated compounds (aldehydes, esters, alcohols) than Argentinian oils.<sup>15,16</sup>

The comparison of Italian and Spanish oils is difficult since the results by Boelens for the Spanish oil differ for each year from 1987 to 1990. The aldehyde values reported for 1987 are lower than the average values reported for the

"summer" Italian oils, while for 1990 the values of the aldehyde content are sometimes higher than those for the "winter" Italian oils. Alcohol and ester contents also show remarkable differences.<sup>17,18</sup>

### Mandarin Oil

Mandarin oil is obtained by "Pelatrice," "Torch" and "FMC" processes. The volatile fraction of mandarin oil represents about 96-98% of the whole oil.

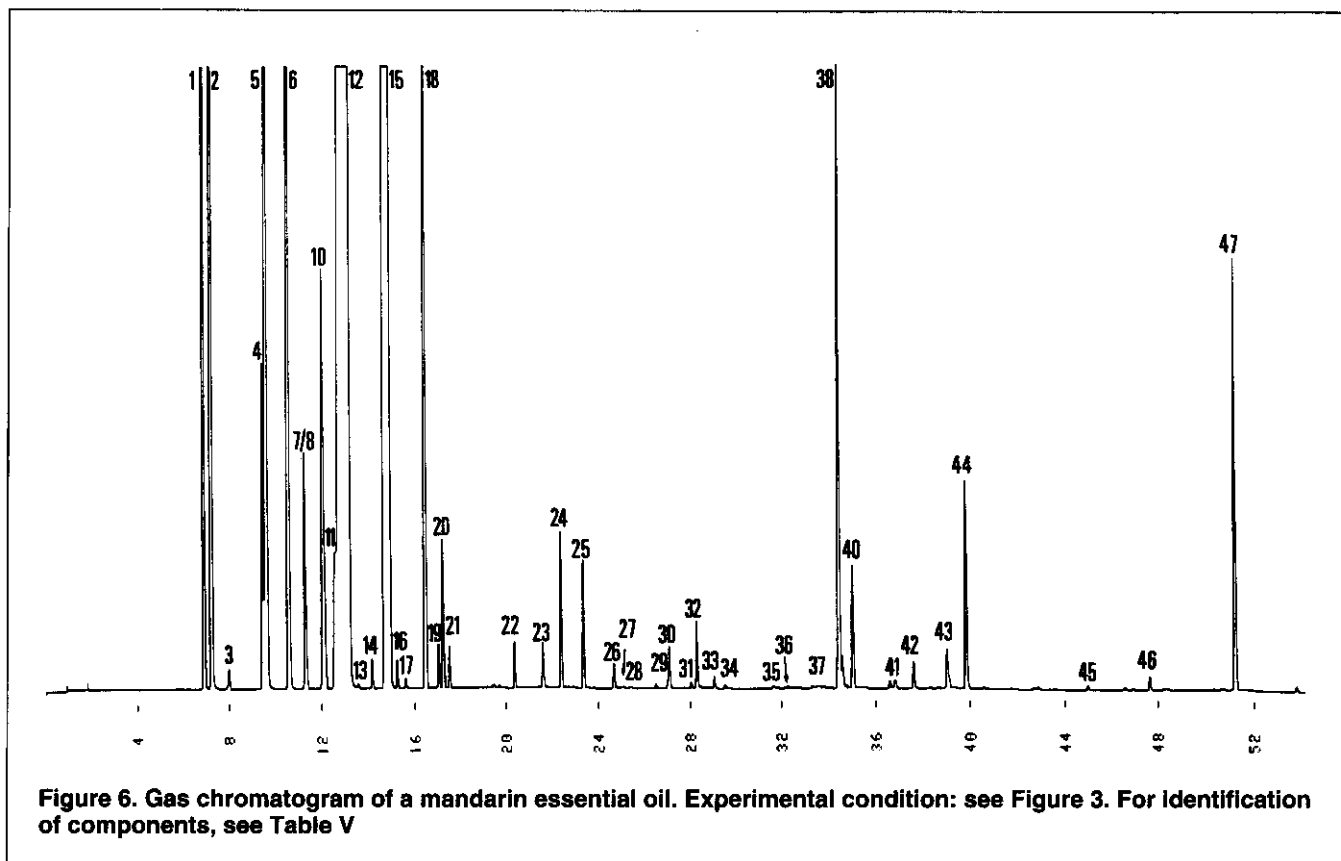
Figure 6 shows a chromatogram of a mandarin oil obtained using an SE-52 capillary column, while Table V reports its composition as single components and classes of substances. These results refer to about 400 genuine industrial samples, which are representative of entire productive seasons, from 1982 to 1992.

The main component is limonene; its percentage varies from 65% to 75%, while  $\gamma$ -terpinene is also present in a high percentage (16-23%). Oxygenated compounds vary from

**Table IV. Composition of the volatile fraction of "Pelatrice," "Sfumatrice" and "FMC" winter lemon oils**

	Pelatrice		Sfumatrice		FMC	
	$\bar{X}$	s	$\bar{X}$	s	$\bar{X}$	s
1 tricyclene	0.006	0.000	0.006	0.000	0.006	0.000
2 $\alpha$ -thujene	0.446	0.025	0.458	0.021	0.446	0.025
3 $\alpha$ -pinene	1.955	0.099	2.023	0.089	1.955	0.099
4 camphene	0.058	0.004	0.060	0.004	0.058	0.004
5 sabinene	1.933	0.205	1.969	0.188	1.933	0.205
6 $\beta$ -pinene	12.065	1.171	12.246	1.146	12.065	1.171
7 6-methyl-5-hepten-2-one	0.003	0.003	0.002	0.002	0.003	0.003
8 myrcene	1.513	0.080	1.531	0.086	1.513	0.080
9 octanal	0.048	0.008	0.049	0.010	0.048	0.008
10 $\alpha$ -phellandrene	0.053	0.012	0.052	0.012	0.053	0.012
11 $\delta$ -3-carene	0.005	0.002	0.004	0.002	0.005	0.002
12 $\alpha$ -terpinene	0.189	0.026	0.193	0.019	0.189	0.026
13 p-cymene	0.149	0.095	0.155	0.082	0.149	0.095
14 limonene	65.789	1.721	66.183	1.682	65.789	1.721
15 (Z)- $\beta$ -ocimene	0.066	0.022	0.063	0.023	0.066	0.022
16 (E)- $\beta$ -ocimene	0.114	0.019	0.108	0.020	0.114	0.019
17 $\gamma$ -terpinene	9.597	0.379	9.379	0.412	9.597	0.379
18 trans-sabinene hydrate	0.044	0.007	0.031	0.006	0.044	0.007
19 octanol	0.001	0.000	0.001	0.000	0.001	0.000
20 terpinolene	0.388	0.028	0.385	0.021	0.388	0.028
21 cis-sabinene hydrate	0.036	0.008	0.024	0.006	0.036	0.008
22 linalool	0.107	0.013	0.092	0.015	0.107	0.013
23 nonanal	0.100	0.015	0.100	0.016	0.100	0.015
24 cis-limonene oxide	0.005	0.002	0.005	0.004	0.005	0.002
25 trans-limonene oxide	0.005	0.003	0.005	0.003	0.005	0.003
26 camphor	0.009	0.002	0.007	0.001	0.009	0.002
27 citronellal	0.096	0.016	0.096	0.016	0.096	0.016
28 borneol	0.007	0.002	0.005	0.002	0.007	0.002
29 terpinen-4-ol	0.026	0.007	0.024	0.008	0.026	0.007
30 $\alpha$ -terpineol	0.172	0.025	0.123	0.025	0.172	0.025
31 decanal	0.032	0.006	0.032	0.006	0.032	0.006
32 octyl acetate	0.003	0.002	0.003	0.001	0.003	0.002
33 nerol + citronellol	0.032	0.010	0.022	0.008	0.032	0.010
34 carbonyl compound	0.016	0.014	0.017	0.014	0.016	0.014
35 neral	0.967	0.123	0.864	0.108	0.967	0.123
36 piperitone	0.004	0.002	0.004	0.002	0.004	0.002
37 geraniol	0.026	0.009	0.016	0.006	0.026	0.009
38 geranial	1.640	0.206	1.479	0.179	1.640	0.206
39 perillaldehyde	t		t		t	
40 bornyl acetate	0.003	0.001	0.003	0.002	0.003	0.001
41 undecanal	0.020	0.004	0.019	0.004	0.020	0.004
42 nonyl acetate	0.004	0.002	0.004	0.001	0.004	0.002
43 methylgeranate	0.004	0.001	0.004	0.001	0.004	0.001
44 citronellyl acetate	0.026	0.007	0.026	0.007	0.026	0.007
45 neryl acetate	0.387	0.056	0.376	0.053	0.387	0.056
46 geranyl acetate	0.371	0.107	0.348	0.101	0.371	0.107
47 dodecanal	t		t		t	
48 decyl acetate	t		t		t	
49 $\beta$ -caryophyllene	0.232	0.031	0.225	0.025	0.232	0.031
50 trans- $\alpha$ -bergamotene	0.358	0.035	0.349	0.034	0.358	0.035
51 $\alpha$ -humulene	0.016	0.003	0.015	0.002	0.016	0.003
52 $\beta$ -santalene + cis- $\beta$ -farnesene	0.048	0.007	0.046	0.006	0.048	0.007
53 $\gamma$ -muurolene	0.011	0.004	0.009	0.004	0.011	0.004
54 germacrene D	0.007	0.002	0.007	0.001	0.007	0.002
55 sesquiterpene	0.019	0.003	0.018	0.003	0.019	0.003
56 valencene	0.018	0.009	0.014	0.009	0.018	0.009
57 germacrene B	0.060	0.011	0.061	0.011	0.060	0.011
58 sesquiterpene	0.043	0.006	0.042	0.006	0.043	0.006
59 $\beta$ -bisabolene	0.535	0.062	0.520	0.059	0.535	0.062
60 $\gamma$ -elemene	0.015	0.002	0.015	0.002	0.015	0.002
61 tetradecanal	0.009	0.002	0.009	0.002	0.009	0.002
62 2,3-dimethyl-3-(4-methyl-3- pentenyl)-2-norbornanol	0.015	0.002	0.016	0.002	0.015	0.002
63 campheranol	0.018	0.002	0.018	0.002	0.018	0.002
64 $\alpha$ -bisabolol	0.021	0.002	0.022	0.001	0.021	0.002
65 nootkatone	0.002	0.002	0.002	0.001	0.002	0.002
hydrocarbons	95.609	0.413	96.057	0.395	95.609	0.413
monoterpenes	94.265	0.468	94.751	0.444	94.265	0.468
sesquiterpenes	1.345	0.139	1.306	0.126	1.345	0.139
oxygenated compounds	4.157	0.383	3.745	0.345	4.157	0.383
carbonyl compounds	2.921	0.326	2.656	0.287	2.921	0.326
alcohols	0.450	0.070	0.336	0.069	0.450	0.070
esters	0.785	0.140	0.751	0.137	0.785	0.140

t = trace



**Figure 6.** Gas chromatogram of a mandarin essential oil. Experimental condition: see Figure 3. For identification of components, see Table V

0.8% to 2.2%. The aldehydes are the main class of the oxygenated compounds followed by alcohols and esters.

The esters are comprised mainly of methyl N-methyl anthranilate.

The composition of mandarin oil varies during the whole productive season in relation to the ripeness of the fruits processed.

The reproducibility of the annual cyclic variations of mandarin oil composition for two different productive seasons is shown in Figure 7 and 8.

Because of the changes in the oil composition, it is possible to distinguish the oils obtained in the early season, when unripe mandarins (green mandarins) are processed, from those of the second part of the productive season, when ripe mandarins (red mandarins) are being processed.

Monoterpenes show the highest values at the end of the season (red mandarins), while oxygenated compounds (alcohols, esters, carbonyl compounds) show an average content decrease during the season from the beginning (green mandarins) to the end (red mandarins). Between October and February there is a variation in total oxygenated compounds from 2% to less than 1% respectively. Similar variations occur for some oxygenated classes of compounds, such as carbonyl compounds 0.7% to 0.4%, esters 0.5% to 0.3% and alcohols 0.6% to ca. 0.1%.

Each monoterpene hydrocarbon identified reveals a different behavior. For example, the limonene content increases during the season from 68% in October to 73-74% in February, the myrcene content remains almost the same

while the content of  $\alpha$ -pinene,  $\beta$ -pinene and  $\gamma$ -terpinene decreases during the season.

Both alcohols and aldehydes decrease during the season so that their content can be useful in establishing the production period of a mandarin oil.

Table VI reports the composition of early-season oils (October-November) obtained from unripe fruits, of mid-season oils (December) obtained from almost ripe fruits, and of late-season oils (January-February) obtained from ripe fruits. This table shows the different composition of the oil as fruits are ripening.

Italian mandarin oil shows a higher content of  $\gamma$ -terpinene, methyl N-methyl anthranilate, thymol and  $\alpha$ -sinensal than Spanish oil,<sup>18</sup> and a definitely lower limonene content.

Brazilian mandarin oils<sup>19</sup> show a limonene content similar to that of the Italian late season oils (red oils), and a lower content of  $\gamma$ -terpinene; moreover, they show a high content of methyl N-methyl anthranilate and thymol than Italian oils.

The Argentinian oils<sup>16</sup> can be distinguished from Italian oils by a definitely higher content of limonene, and a lower content of  $\gamma$ -terpinene and methyl N-methyl anthranilate.

However, for a commercial sample of Argentinian mandarin oil, Wilson and Shaw<sup>20</sup> reported that the methyl N-methyl anthranilate and thymol contents were 0.65% and 0.18%. The values are higher than the average values of the Italian oils, which are 0.45% and 0.05% respectively.

### Bergamot Oil

The production of bergamot is limited to a small area of



Table V. Composition of the volatile fraction of mandarin oil

	$\bar{X}$	s	Min	Max
1 $\alpha$ -thujene	0.879	0.063	0.716	1.065
2 $\alpha$ -pinene	2.341	0.130	2.000	2.745
3 camphene	0.018	0.002	0.011	0.022
4 sabinene	0.258	0.014	0.228	0.338
5 $\beta$ -pinene	1.667	0.110	1.388	2.096
6 myrcene	1.708	0.050	1.566	1.958
7 octanal	0.139	0.047	0.032	0.199
8 $\alpha$ -phellandrene	0.066	0.014	0.034	0.113
9 $\delta$ -3-carene	0.002	0.001	0.001	0.005
10 $\alpha$ -terpinene	0.439	0.038	0.264	0.519
11 p-cymene	0.317	0.127	0.125	0.782
12 limonene	69.684	1.851	65.303	74.528
13 (Z)- $\beta$ -ocimene	0.004	0.002	0.001	0.011
14 (E)- $\beta$ -ocimene	0.020	0.004	0.013	0.031
15 $\gamma$ -terpinene	19.722	1.260	16.227	22.751
16 trans-sabinene hydrate	0.025	0.011	0.006	0.059
17 octanol	0.004	0.002	0.001	0.012
18 terpinolene	0.869	0.053	0.722	1.009
19 cis-sabinene hydrate	0.044	0.023	0.008	0.107
20 linalool	0.115	0.034	0.037	0.189
21 nonanal	0.028	0.006	0.008	0.042
22 citronellal	0.032	0.005	0.016	0.048
23 terpinen-4-ol	0.040	0.014	0.012	0.082
24 $\alpha$ -terpineol	0.137	0.052	0.038	0.270
25 decanal	0.089	0.011	0.054	0.123
26 nerol + citronelloi	0.020	0.005	0.007	0.034
27 carbonyl compound	0.010	0.004	0.003	0.020
28 neral	0.008	0.005	0.001	0.028
29 geraniol	0.004	0.002	0.001	0.013
30 geraniol + perillaldehyde	0.048	0.012	0.005	0.120
31 alcohol	0.007	0.003	0.001	0.020
32 thymol	0.052	0.020	0.013	0.096
33 undecanal	0.009	0.002	0.001	0.019
34 nonyl acetate	0.004	0.002	0.001	0.012
35 citronellyl acetate	0.004	0.002	0.001	0.015
36 neryl acetate	0.004	0.002	0.001	0.012
37 geranyl acetate	0.005	0.002	0.001	0.013
38 methyl N-methyl-anthranilate	0.447	0.086	0.263	0.657
39 dodecanal	0.026	0.004	0.016	0.036
40 $\beta$ -caryophyllene	0.097	0.012	0.066	0.143
41 $\alpha$ -humulene	0.010	0.002	0.003	0.017
42 2-dodecenal	0.020	0.005	0.005	0.033
43 $\alpha$ -selenene	0.041	0.007	0.024	0.064
44 $\alpha$ -farnesene	0.154	0.044	0.071	0.261
45 tetradecanal	0.005	0.001	0.001	0.009
46 (Z,E)-farnesol	0.011	0.003	0.002	0.017
47 $\alpha$ -sinensal	0.283	0.060	0.120	0.526
hydrocarbons	98.278	0.333	97.162	99.080
monoterpenes	97.977	0.374	96.791	98.851
sesquiterpenes	0.301	0.056	0.182	0.448
oxygenated compounds	1.581	0.309	0.854	2.219
carbonyl compounds	0.683	0.118	0.351	0.999
alcohols	0.446	0.150	0.136	0.805
esters	0.452	0.085	0.263	0.657

the south Calabrian coast, around the Tyrrhenian and Ionian seas, between Villa S. Giovanni and Brancaleone.

Bergamot oil is almost exclusively obtained by the "Pelatrice" process with the exception of a small amount still being produced by the ancient "Calabrese" process.

Its volatile fraction represents 93-96% of the oil.

Figure 9 shows the chromatogram of a bergamot oil obtained using an SE-52 column; Table VII reports the composition as single components and classes of substances.

These results are relative to about 1,000 industrial genu-

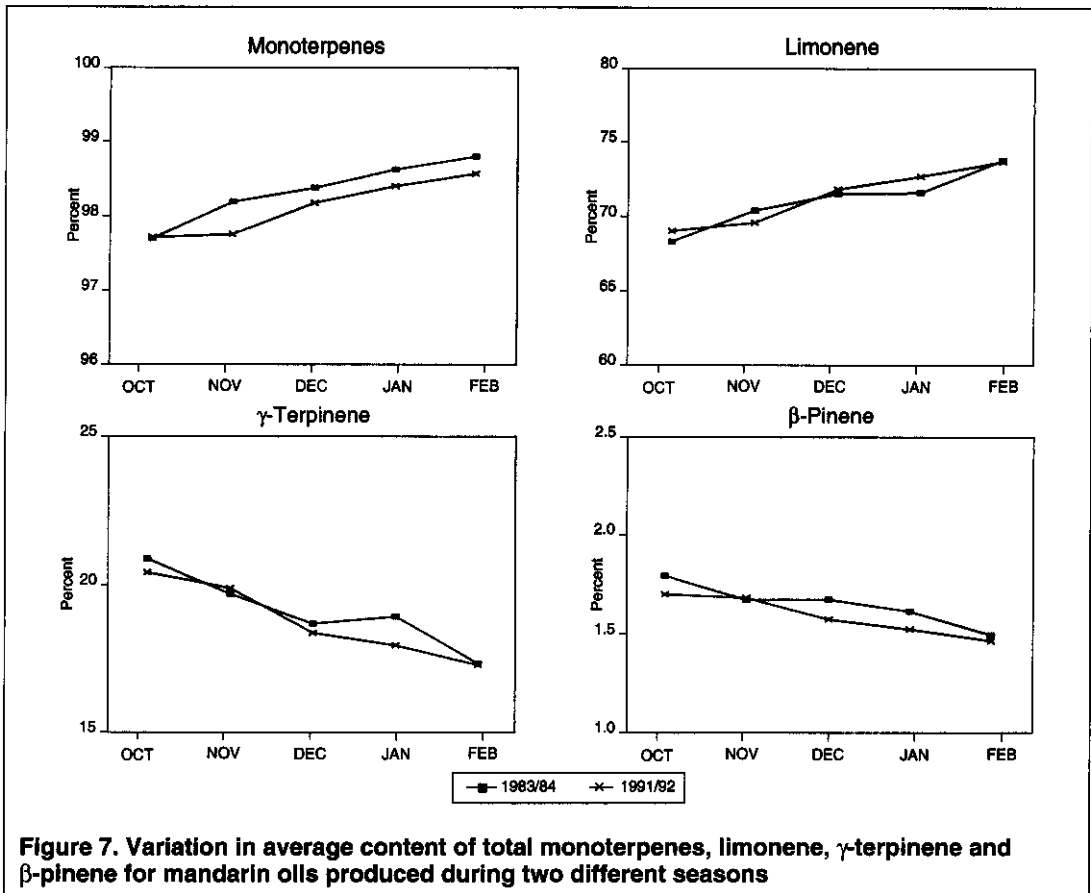


Figure 7. Variation in average content of total monoterpenes, limonene,  $\gamma$ -terpinene and  $\beta$ -pinene for mandarin oils produced during two different seasons

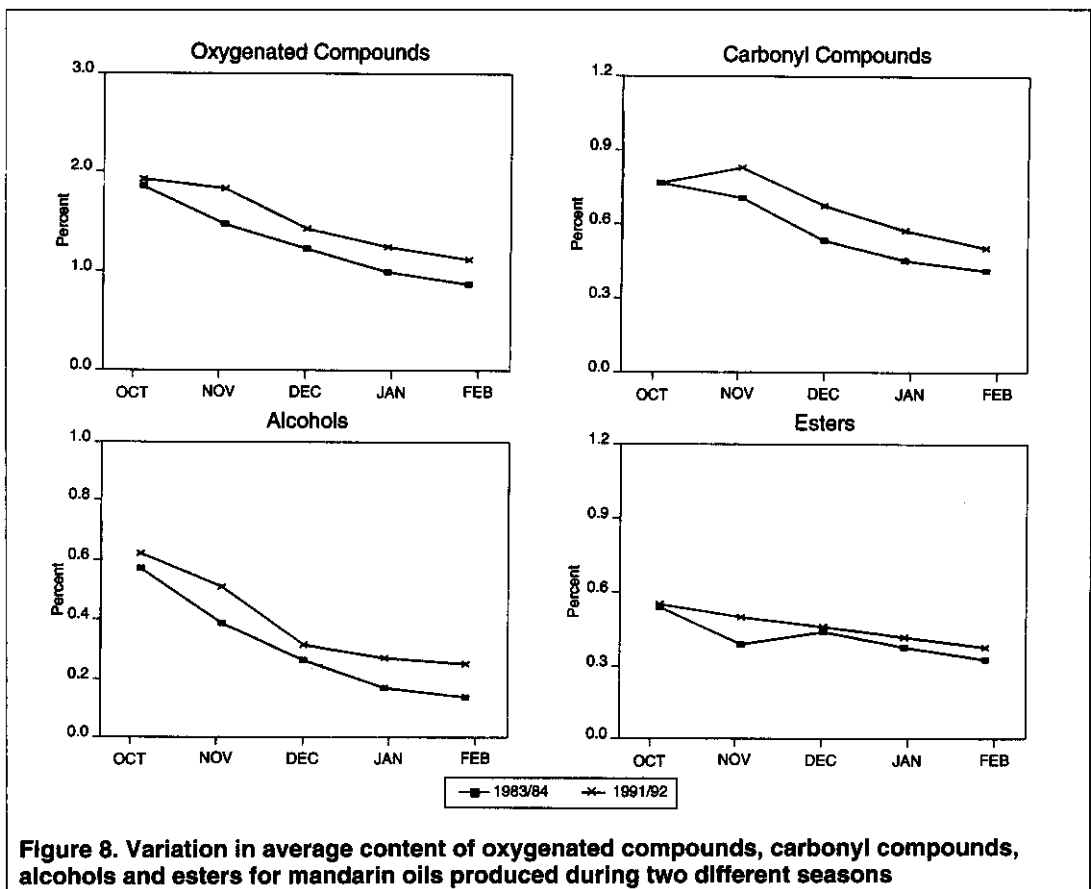


Figure 8. Variation in average content of oxygenated compounds, carbonyl compounds, alcohols and esters for mandarin oils produced during two different seasons

**Table VI. Composition of the volatile fraction of green (October-November), light (December) and red (January-February) mandarin oils**

	Green		Light		Red	
	$\bar{X}$	s	$\bar{X}$	s	$\bar{X}$	s
1 $\alpha$ -thujene	0.904	0.045	0.854	0.050	0.790	0.053
2 $\alpha$ -pinene	2.389	0.095	2.286	0.109	2.173	0.118
3 camphene	0.018	0.002	0.017	0.002	0.017	0.001
4 sabinene	0.259	0.012	0.263	0.024	0.248	0.008
5 $\beta$ -pinene	1.702	0.083	1.654	0.115	1.524	0.088
6 myrcene	1.705	0.043	1.689	0.068	1.737	0.051
7 octanal	0.166	0.018	0.092	0.022	0.058	0.019
8 $\alpha$ -phellandrene	0.061	0.010	0.075	0.019	0.080	0.015
9 $\delta$ -3-carene	0.002	0.001	0.001	0.000	0.002	0.001
10 $\alpha$ -terpinene	0.453	0.029	0.419	0.033	0.389	0.028
11 p-cymene	0.289	0.117	0.421	0.122	0.366	0.115
12 limonene	68.904	1.244	70.464	1.402	72.470	1.375
13 (Z)- $\beta$ -ocimene	0.004	0.002	0.004	0.002	0.005	0.002
14 (E)- $\beta$ -ocimene	0.021	0.004	0.019	0.004	0.016	0.002
15 $\gamma$ -terpinene	20.226	0.855	19.237	1.073	17.904	1.035
16 trans-sabinene hydrate	0.030	0.010	0.018	0.007	0.013	0.004
17 octanol	0.004	0.002	0.003	0.002	0.003	0.002
18 terpinolene	0.891	0.039	0.839	0.043	0.797	0.039
19 cis-sabinene hydrate	0.054	0.020	0.027	0.011	0.017	0.006
20 linalool	0.130	0.025	0.093	0.022	0.066	0.016
21 nonanal	0.030	0.004	0.024	0.007	0.020	0.005
22 citronellal	0.032	0.005	0.031	0.006	0.029	0.006
23 terpinen-4-ol	0.046	0.012	0.028	0.008	0.023	0.007
24 $\alpha$ -terpineol	0.161	0.041	0.093	0.023	0.069	0.023
25 decanal	0.091	0.009	0.083	0.013	0.083	0.012
26 nerol + citronellol	0.022	0.004	0.018	0.003	0.016	0.004
27 carbonyl compound	0.012	0.004	0.008	0.001	0.007	0.002
28 neral	0.009	0.005	0.007	0.004	0.006	0.003
29 geraniol	0.004	0.002	0.005	0.003	0.001	0.000
30 geranial + perillaldehyde	0.052	0.010	0.041	0.015	0.039	0.011
31 alcohol	0.008	0.002	0.004	0.002	0.005	0.002
32 thymol	0.060	0.016	0.042	0.011	0.026	0.010
33 undecanal	0.009	0.002	0.009	0.002	0.008	0.002
34 nonyl acetate	0.003	0.001	0.004	0.001	0.005	0.002
35 citronellyl acetate	0.002	0.001	0.002	0.000	0.006	0.002
36 neryl acetate	0.003	0.001	0.004	0.000	0.006	0.002
37 geranyl acetate	0.004	0.001	0.007	0.001	0.007	0.002
38 methyl N-methyl-anthranilate	0.473	0.082	0.410	0.066	0.361	0.039
39 dodecanal	0.025	0.003	0.025	0.003	0.029	0.005
40 $\beta$ -caryophyllene	0.101	0.011	0.093	0.012	0.082	0.007
41 $\alpha$ -humulene	0.010	0.002	0.009	0.002	0.009	0.002
42 2-dodecenal	0.019	0.004	0.020	0.004	0.024	0.006
43 $\alpha$ -selenene	0.043	0.005	0.041	0.007	0.034	0.006
44 $\alpha$ -farnesene	0.163	0.043	0.150	0.035	0.116	0.032
45 tetradecanal	0.005	0.001	0.006	0.000	0.006	0.001
46 (Z,E)-farnesol	0.010	0.003	0.011	0.002	0.012	0.003
47 $\alpha$ -sinensal	0.302	0.054	0.260	0.036	0.216	0.046
hydrocarbons	98.136	0.260	98.510	0.199	98.714	0.192
monoterpenes	97.820	0.298	98.217	0.205	98.472	0.202
sesquiterpenes	0.316	0.052	0.293	0.042	0.241	0.039
oxygenated compounds	1.728	0.214	1.329	0.150	1.137	0.165
carbonyl compounds	0.738	0.078	0.591	0.081	0.517	0.081
alcohols	0.515	0.115	0.326	0.071	0.243	0.064
esters	0.476	0.083	0.412	0.066	0.376	0.042

ine samples, which represent whole productive seasons from 1984 to 1992.

Bergamot oil is marked by a content of oxygenated compounds which is higher than that of any other commonly encountered citrus fruit oil. The main oxygenated constituents of bergamot oil are linalool and linalyl acetate. Limonene, which is the main component of the other citrus oils (its percentage is generally more than 60%), never exceeds 55% in bergamot oil. Generally, the limonene and linalyl acetate contents of bergamot oil are similar.

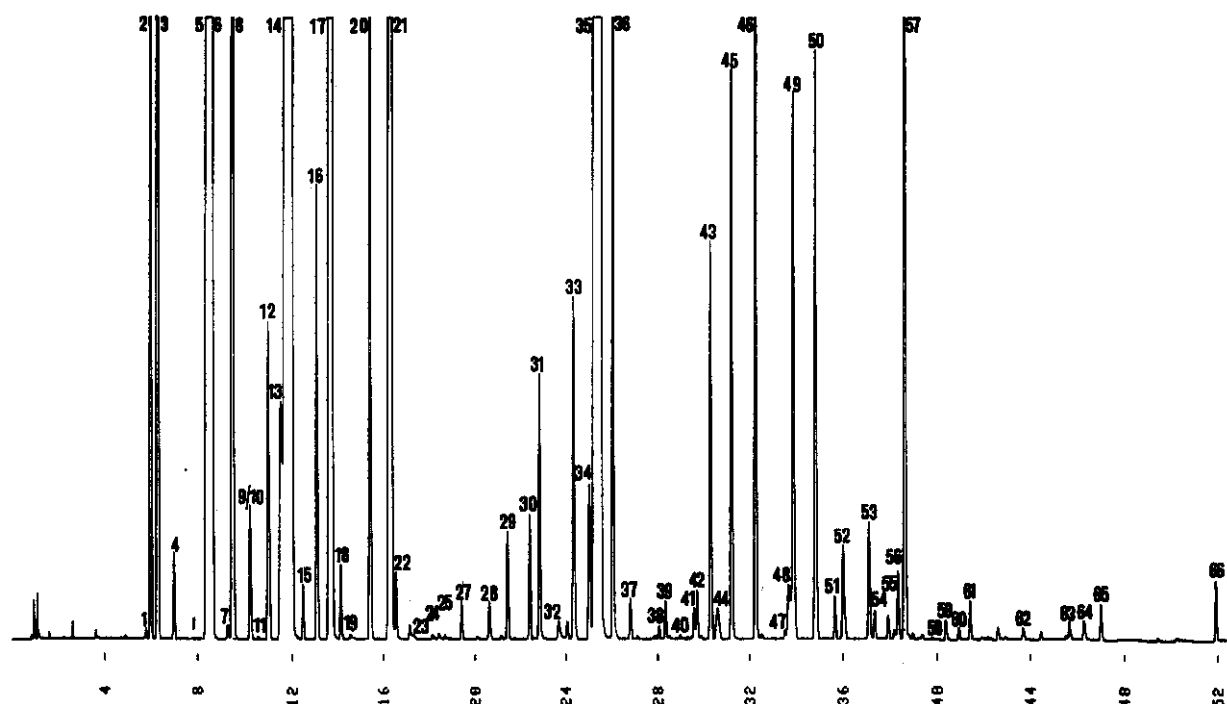


Figure 9. Gas chromatogram of a bergamot essential oil. Experimental condition: see Figure 3. For identification of components, see Table VII

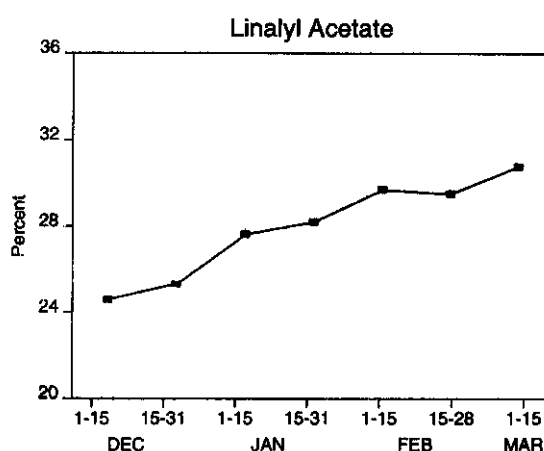
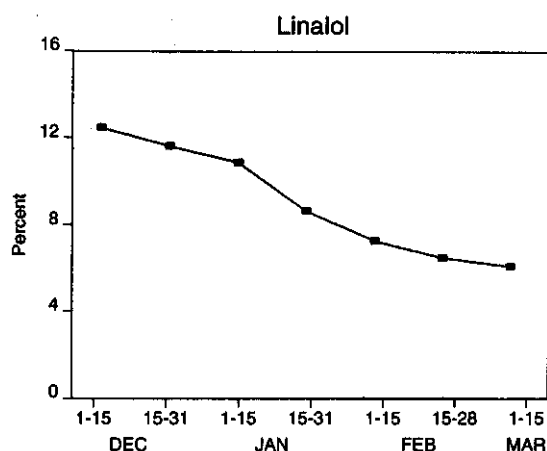


Figure 10. Variation in average content of linalool and linalyl acetate for bergamot essential oil during the productive season

The ranges observed in the oil composition are rather wide, as shown by the standard deviations reported in Table VII, although the oils referred to a narrow period of time and to a limited production area of the fruits.

Oxygenated compounds vary from 19% to 60% even though 75% of the samples possess values between 32% and 46%; alcohols vary from 2% to 20%, even though 80% of the samples are in the range from 5% to 12% and esters vary from 17% to 41% even though 80% of the samples range from 24% to 34%.

These quantitative differences in composition are due to

the influence of the area where the fruits are produced and of the production period.

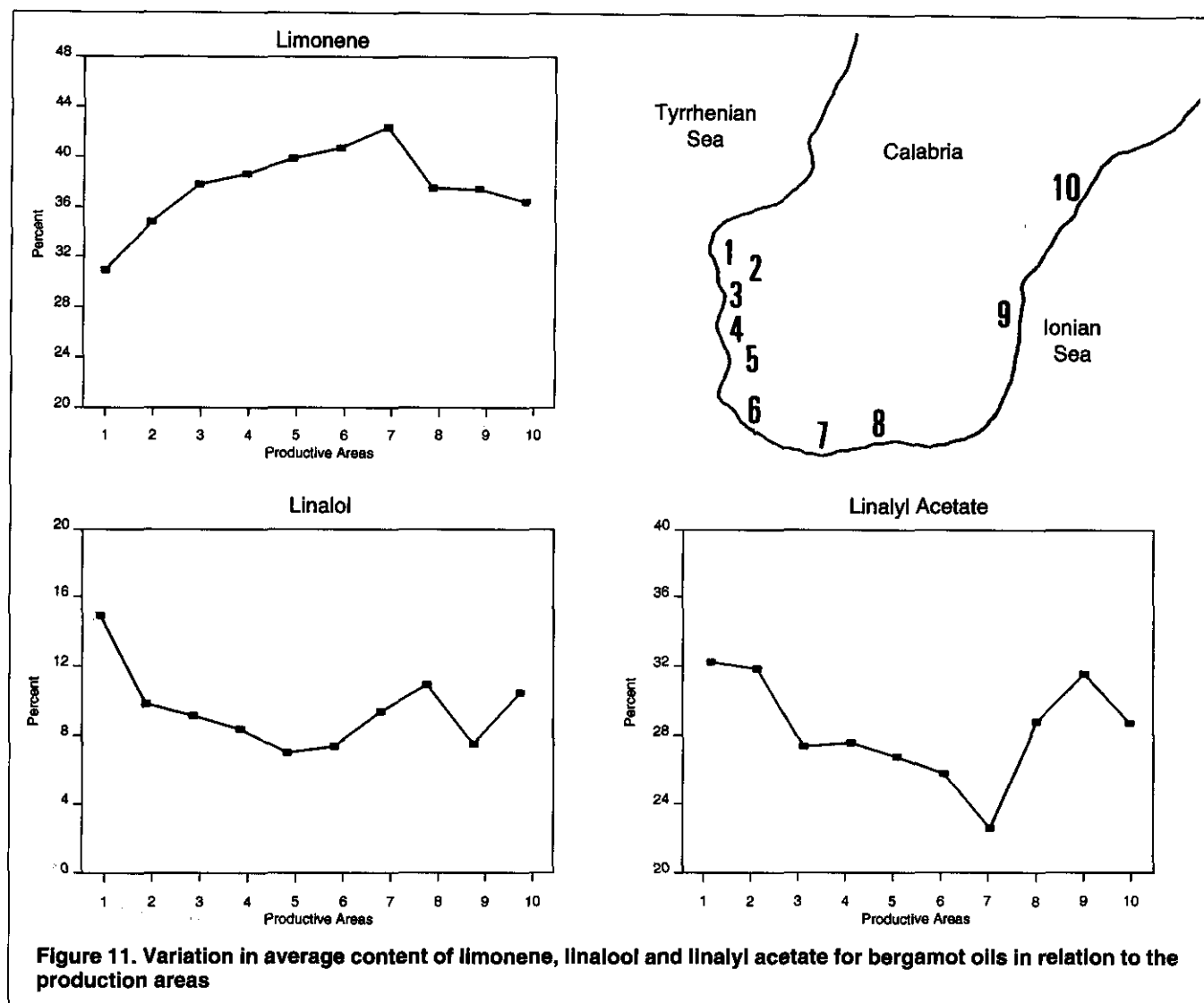
For example, the linalool content is highest at the beginning of the productive season, after which it decreases during the season and reaches the lowest values in March, while linalyl acetate exhibits an opposite behavior. Figure 10 shows the trends of linalool and linalyl acetate during the productive season.

The composition of the essential oil depends on the provenance of the fruits, the latitude but not the altitude being the determining factor.

**Table VII. Composition of the volatile fraction of bergamot oil**

	<b>X</b>	<b>s</b>	<b>Min</b>	<b>Max</b>
1 tricyclene	0.004	0.001	0.002	0.005
2 $\alpha$ -thujene	0.357	0.045	0.190	0.491
3 $\alpha$ -pinene	1.354	0.166	0.731	1.844
4 camphene	0.038	0.005	0.022	0.053
5 sabinene	1.278	0.170	0.113	2.044
6 $\beta$ -pinene	7.517	1.047	4.374	11.024
7 6-methyl-5-hepten-2-one	0.006	0.002	0.002	0.019
8 myrcene	0.998	0.113	0.650	1.810
9 octanal	0.050	0.009	0.025	0.078
10 $\alpha$ -phellandrene	0.030	0.005	0.013	0.043
11 $\delta$ -3-carene	0.003	0.001	0.001	0.005
12 $\alpha$ -terpinene	0.171	0.043	0.081	1.167
13 p-cymene	0.236	0.147	0.040	0.843
14 limonene	39.722	4.520	24.073	54.851
15 (Z)- $\beta$ -ocimene	0.025	0.005	0.017	0.063
16 (E)- $\beta$ -ocimene	0.253	0.033	0.021	0.418
17 $\gamma$ -terpinene	8.350	0.956	5.386	11.378
18 trans-sabinene hydrate	0.039	0.005	0.022	0.057
19 octanol	0.002	0.003	0.000	0.031
20 terpinolene	0.350	0.042	0.210	0.475
21 linalool	7.756	3.269	1.578	20.260
22 nonanal	0.035	0.009	0.012	0.067
23 cis-limonene oxide	0.005	0.002	0.002	0.015
24 trans-limonene oxide	0.005	0.001	0.003	0.011
25 isopulegol	0.003	0.001	0.002	0.007
26 camphor	0.003	0.001	0.001	0.007
27 citronellal	0.015	0.004	0.004	0.032
28 terpinen-4-ol	0.022	0.004	0.013	0.042
29 $\alpha$ -terpineol	0.059	0.012	0.030	0.101
30 decanal	0.061	0.008	0.037	0.086
31 octyl acetate	0.114	0.016	0.062	0.223
32 nerol + citronellol	0.038	0.017	0.008	0.111
33 neral	0.228	0.032	0.122	0.718
34 cis-sabinene hydrate acetate	0.089	0.011	0.057	0.124
35 linalyl acetate	27.946	4.128	15.087	40.375
36 geranial	0.363	0.043	0.188	0.537
37 bornyl acetate	0.019	0.003	0.010	0.031
38 undecanal	0.008	0.002	0.000	0.024
39 nonyl acetate	0.018	0.004	0.004	0.035
40 methylgeranate	0.005	0.002	0.002	0.024
41 linalyl propionate	0.032	0.012	0.009	0.073
42 $\delta$ -elemene	0.029	0.008	0.016	0.058
43 $\alpha$ -terpinyl acetate	0.172	0.030	0.093	0.272
44 citronellyl acetate	0.027	0.008	0.002	0.058
45 neryl acetate	0.345	0.082	0.136	0.662
46 geranyl acetate	0.381	0.116	0.138	0.840
47 dodecanal	0.031	0.005	0.011	0.051
48 decyl acetate	t			
49 $\beta$ -caryophyllene	0.352	0.049	0.225	0.551
50 trans- $\alpha$ -bergamotene	0.301	0.036	0.211	0.437
51 $\alpha$ -humulene	0.027	0.004	0.017	0.045
52 (Z)- $\beta$ -farnesene + (Z)- $\beta$ -santalene	0.063	0.006	0.043	0.087
53 germacrene D	0.061	0.010	0.039	0.106
54 sesquiterpene	0.016	0.002	0.010	0.027
55 germacrene B	0.015	0.004	0.004	0.040
56 $\alpha$ -farnesene + sesquiterpene	0.039	0.006	0.023	0.093
57 $\beta$ -bisabolene	0.426	0.054	0.298	0.648
58 tridecanal	t			
59 $\gamma$ -elemene	0.012	0.002	0.009	0.017
60 $\beta$ -sesquiphellandrene	0.007	0.002	0.004	0.013
61 (E)-nerolidol	0.019	0.003	0.012	0.027
62 tetradecanal	0.007	0.002	0.004	0.013
63 2,3-dimethyl-3-(4-methyl-3-pentenyl)-2-norbornanol	0.011	0.002	0.006	0.021
64 campherol	0.015	0.003	0.009	0.025
65 $\alpha$ -bisabolol	0.016	0.003	0.011	0.026
66 nootkatone	0.031	0.015	0.011	0.099
hydrocarbons	61.984	6.352	39.474	80.446
monoterpenes	60.679	6.284	38.199	79.042
sesquiterpenes	1.305	0.144	0.012	1.894
oxygenated compounds	37.839	6.324	19.389	60.179
carbonyl compounds	0.769	0.079	0.379	1.236
alcohols	7.924	3.287	1.693	20.491
esters	29.143	4.006	16.856	41.411

t = trace



**Figure 11. Variation in average content of limonene, linalool and linalyl acetate for bergamot oils in relation to the production areas**

In particular the monoterpene and sesquiterpene hydrocarbons show the lowest values at the highest latitudes, both on the Tyrrhenian and Ionian side, while the highest values are shown by the oils obtained from fruits which came from South Calabria. In contrast, oxygenated compounds exhibit an opposite tendency.

Figure 11 shows the behavior of limonene, linalool and linalyl acetate in relation to the origin of the fruits. In this figure the Calabrian productive areas have been grouped into ten homogeneous sectors.

Bergamot oil from Corsica and the Ivory Coast<sup>21</sup> possess linalyl acetate and linalool contents higher than the average content of the Italian oils, in fact the linalool content is sometimes higher than the maximum value found in the Italian oils.

It is opportune to explain that very high levels of linalool and linalyl acetate are not always found in the bergamot oil of the best olfactory characteristics. During our research on bergamot oil,<sup>9,10</sup> we analyzed some samples obtained from fruits harvested in the interior regions of Calabria, where traditionally bergamot is not grown, and they showed high

linalyl acetate and linalool contents, but poor olfactory qualities.

### Sweet Orange Oil

Sweet orange oil is generally obtained by "Pelatrice" and "FMC" processes. The extraction technology employed depends on the type of the fruits processed and mainly on the quality of the juice required. The juice is the most important product of sweet orange, while the oil represents a less valuable product. The volatile fraction represents about 96-99% of the oil.

Figure 12 shows the chromatograms of an early-season blond orange oil and of a red orange oil obtained using an SE-52 capillary column. The chemical composition of sweet orange oil given as single components and classes of substances can be seen in Table VIII. These results are relative to 190 industrial genuine samples representative of the 1991/1992 productive season.

Limonene is the main component; its content represents about 95% of the volatile fraction. Among the other monoterpene hydrocarbons only myrcene exceeds 1%. Oxygen-

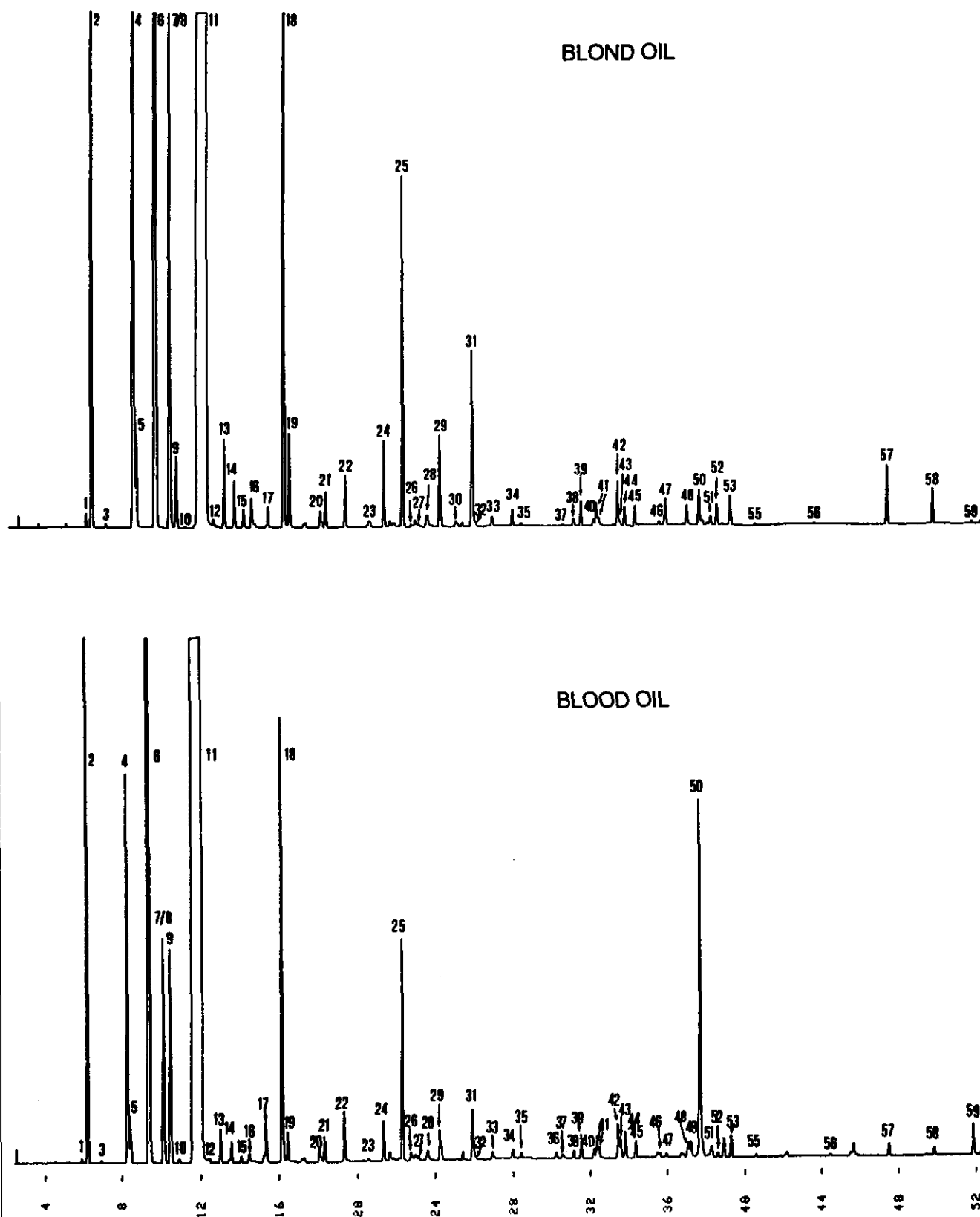


Figure 12. Gas chromatograms of blond and blood sweet orange oils. Experimental condition: see Figure 3. For identification of components, see Table VIII

**Table VIII. Composition of the volatile fraction of sweet orange oil**

	<b>X</b>	<b>s</b>	<b>Min</b>	<b>Max</b>
1 $\alpha$ -thujene	0.005	0.002	0.003	0.011
2 $\alpha$ -pinene	0.514	0.031	0.440	0.659
3 camphene	0.003	0.001	0.001	0.004
4 sabinene	0.494	0.198	0.245	1.064
5 $\beta$ -pinene	0.036	0.016	0.018	0.140
6 myrcene	1.871	0.096	1.711	2.519
7 octanal	0.193	0.086	0.070	0.388
8 $\alpha$ -phellandrene	0.050	0.009	0.026	0.084
9 $\delta$ -3-carene	0.125	0.040	0.017	0.251
10 $\alpha$ -terpinene	0.004	0.001	0.001	0.007
11 limonene	95.210	0.483	93.928	95.895
12 (Z)- $\beta$ -ocimene	0.006	0.002	0.002	0.014
13 (E)- $\beta$ -ocimene	0.033	0.014	0.014	0.086
14 $\gamma$ -terpinene	0.021	0.017	0.002	0.098
15 trans-sabinene hydrate	0.007	0.003	0.001	0.016
16 octanol	0.012	0.008	0.002	0.036
17 terpinolene	0.027	0.007	0.012	0.052
18 linalool	0.412	0.081	0.253	0.666
19 nonanal	0.036	0.013	0.016	0.067
20 cis-limonene oxide	0.011	0.005	0.002	0.027
21 trans-limonene oxide	0.018	0.005	0.007	0.036
22 citronellal	0.038	0.008	0.021	0.068
23 terpinen-4-ol	0.005	0.002	0.001	0.013
24 $\alpha$ -terpineol	0.042	0.015	0.025	0.099
25 decanal	0.177	0.059	0.094	0.359
26 octyl acetate	0.007	0.003	0.001	0.016
27 cis-carveol	0.005	0.002	0.001	0.012
28 nerol	0.012	0.004	0.004	0.034
29 neral	0.049	0.018	0.023	0.100
30 geraniol	0.005	0.002	0.001	0.013
31 geranial	0.073	0.026	0.031	0.134
32 perillaldehyde	0.008	0.003	0.004	0.015
33 bornyl acetate	0.010	0.004	0.005	0.024
34 undecanal	0.009	0.002	0.003	0.015
35 nonyl acetate	0.003	0.001	0.001	0.008
36 $\alpha$ -terpinyl acetate	0.003	0.002	0.001	0.009
37 citronellyl acetate	0.005	0.002	0.001	0.010
38 neryl acetate	0.007	0.001	0.003	0.013
39 $\alpha$ -copaene	0.021	0.006	0.013	0.093
40 geranyl acetate	0.008	0.002	0.004	0.014
41 $\beta$ -cubebene + $\beta$ -elemene	0.023	0.005	0.007	0.037
42 dodecanal	0.029	0.013	0.010	0.079
43 decyl acetate	0.009	0.006	0.003	0.026
44 $\beta$ -caryophyllene	0.017	0.004	0.011	0.032
45 $\alpha$ -cadinene	0.016	0.003	0.008	0.028
46 $\alpha$ -humulene	0.005	0.002	0.001	0.014
47 (Z)- $\beta$ -farnesene	0.012	0.006	0.002	0.031
48 $\gamma$ -muurolene	0.017	0.003	0.005	0.025
49 germacrene D	0.010	0.006	0.001	0.026
50 valencene	0.124	0.094	0.019	0.409
51 $\gamma$ -cadinene	0.004	0.001	0.001	0.009
52 $\alpha$ -farnesene	0.010	0.005	0.004	0.028
53 $\delta$ -cadinene	0.023	0.003	0.015	0.030
54 tridecanal	t			
55 (Z)-nerolidol	0.003	0.001	0.001	0.008
56 tetradecanal	t			
57 $\beta$ -sinensal	0.022	0.010	0.003	0.048
58 $\alpha$ -sinensal	0.014	0.007	0.002	0.039
59 nootkatone	0.012	0.007	0.002	0.036
hydrocarbons	98.549	0.303	97.739	99.048
monoterpenes	98.398	0.310	97.561	98.939
sesquiterpenes	0.151	0.020	0.098	0.280
oxygenated compounds	1.235	0.314	0.783	1.961
carbonyl compounds	0.654	0.218	0.333	1.184
alcohols	0.503	0.107	0.321	0.825
esters	0.050	0.014	0.028	0.103
aliphatic aldehydes	0.444	0.162	0.209	0.889
terpenic aldehydes	0.203	0.063	0.085	0.340

t = trace

ated compounds range from 0.8% to 2%; aliphatic aldehydes (the content of which generally represents an important parameter for the quality of the oil) are the main oxygenated class of compounds, then come the alcohols (linalool is the main component), and finally the esters which never exceed 0.1%.

The type of the fruits (with blond or blood pulp), the harvest period and the extraction technology influence the composition of oil. Because of the different ratio of water/oil used in the two extraction machines, the oils obtained by "Pelatrice" generally have a higher content of oxygenated compounds and a lower content of monoterpenes than those processed by "FMC."

Early- and late-season oils obtained by processing blond fruits generally show a similar composition; this composition is different from that of the oils obtained from blood oranges.

The blond oils generally show a higher content of oxygenated compounds, especially aliphatic aldehydes, and a lower content of monoterpenes than blood oils.

Tables IX and X show the differences between "Pelatrice" and "FMC" sweet orange oils and between blond and blood oils, while Figures 13 and 14 report the trends of some components and classes of substances.

As can be observed in Figures 12 and 15, the oils obtained from blond or blood fruits can be distinguished by



# ITALIAN CITRUS ESSENTIAL OILS

**Table IX. Composition of the volatile fraction of "Pelatrice" and "FMC" sweet orange oils**

	Pelatrice		FMC	
	$\bar{X}$	s	$\bar{X}$	s
1 $\alpha$ -thujene	0.005	0.002	0.004	0.001
2 $\alpha$ -pinene	0.506	0.036	0.523	0.020
3 camphene	0.003	0.001	0.003	0.001
4 sabinene	0.593	0.212	0.382	0.096
5 $\beta$ -pinene	0.044	0.017	0.028	0.010
6 myrcene	1.862	0.122	1.881	0.053
7 octanal	0.238	0.080	0.144	0.063
8 $\alpha$ -phellandrene	0.051	0.009	0.049	0.009
9 $\delta$ -3-carene	0.107	0.036	0.145	0.035
10 $\alpha$ -terpinene	0.004	0.001	0.005	0.001
11 limonene	94.944	0.482	95.508	0.255
12 (Z)- $\beta$ -ocimene	0.006	0.002	0.006	0.002
13 (E)- $\beta$ -ocimene	0.040	0.017	0.026	0.006
14 $\gamma$ -terpinene	0.028	0.018	0.012	0.008
15 trans-sabinene hydrate	0.009	0.003	0.006	0.001
16 octanol	0.017	0.007	0.007	0.004
17 terpinolene	0.023	0.005	0.030	0.006
18 linalool	0.459	0.078	0.359	0.043
19 nonanal	0.041	0.013	0.029	0.008
20 cis-limonene oxide	0.013	0.005	0.008	0.005
21 trans-limonene oxide	0.020	0.005	0.015	0.003
22 citronellal	0.040	0.008	0.036	0.006
23 terpinen-4-ol	0.006	0.003	0.004	0.002
24 $\alpha$ -terpineol	0.051	0.015	0.032	0.005
25 decanal	0.210	0.047	0.141	0.048
26 octyl acetate	0.007	0.003	0.006	0.002
27 cis-carveol	0.005	0.002	0.004	0.001
28 nerol	0.014	0.004	0.010	0.003
29 neral	0.058	0.018	0.038	0.011
30 geraniol	0.006	0.002	0.005	0.001
31 geranial	0.087	0.026	0.057	0.016
32 perillaldehyde	0.010	0.003	0.007	0.002
33 bornyl acetate	0.011	0.004	0.009	0.003
34 undecanal	0.010	0.002	0.008	0.002
35 nonyl acetate	0.004	0.002	0.003	0.001
36 $\alpha$ -terpinyl acetate	0.004	0.002	0.003	0.002
37 citronellyl acetate	0.004	0.002	0.005	0.001
38 neryl acetate	0.007	0.001	0.007	0.001
39 $\alpha$ -copaene	0.020	0.008	0.021	0.002
40 geranyl acetate	0.007	0.002	0.008	0.001
41 $\beta$ -cubebene + $\beta$ -elemene	0.022	0.006	0.024	0.005
42 dodecanal	0.034	0.012	0.023	0.013
43 decyl acetate	0.009	0.007	0.009	0.004
44 $\beta$ -caryophyllene	0.017	0.004	0.017	0.004
45 $\alpha$ -cadinene	0.018	0.003	0.015	0.002
46 $\alpha$ -humulene	0.004	0.002	0.005	0.002
47 (Z)- $\beta$ -farnesene	0.014	0.007	0.009	0.004
48 $\gamma$ -muurolene	0.016	0.003	0.017	0.003
49 germacrene D	0.009	0.005	0.011	0.006
50 valencene	0.105	0.080	0.145	0.103
51 $\gamma$ -cadinene	0.005	0.001	0.004	0.001
52 $\alpha$ -farnesene	0.013	0.005	0.008	0.003
53 $\delta$ -cadinene	0.023	0.003	0.023	0.002
54 tridecanal	t		t	
55 (Z)-nerolidol	0.003	0.001	0.003	0.001
56 tetradecanal	t		t	
57 $\beta$ -sinensal	0.026	0.010	0.017	0.008
58 $\alpha$ -sinensal	0.016	0.008	0.011	0.005
59 nootkatone	0.011	0.005	0.013	0.009
hydrocarbons	98.369	0.246	98.752	0.221
monoterpenes	98.216	0.256	98.603	0.225
sesquiterpenes	0.153	0.024	0.149	0.013
oxygenated compounds	1.429	0.266	1.017	0.202
carbonyl compounds	0.776	0.188	0.517	0.160
alcohols	0.569	0.100	0.428	0.050
esters	0.050	0.017	0.049	0.009
aliphatic aldehydes	0.533	0.137	0.344	0.126
terpenic aldehydes	0.237	0.060	0.165	0.040

t = trace

**Table X. Composition of the volatile fraction of blond and blood sweet orange oils**

	Blond		Blood	
	$\bar{X}$	s	$\bar{X}$	s
1 $\alpha$ -thujene	0.006	0.002	0.004	0.001
2 $\alpha$ -pinene	0.508	0.035	0.520	0.026
3 camphene	0.003	0.001	0.003	0.001
4 sabinene	0.625	0.215	0.387	0.089
5 $\beta$ -pinene	0.047	0.017	0.028	0.008
6 myrcene	1.856	0.103	1.884	0.089
7 octanal	0.272	0.061	0.129	0.037
8 $\alpha$ -phellandrene	0.051	0.009	0.050	0.010
9 $\delta$ -3-carene	0.101	0.033	0.144	0.036
10 $\alpha$ -terpinene	0.003	0.001	0.005	0.001
11 limonene	94.847	0.423	95.506	0.286
12 (Z)- $\beta$ -ocimene	0.006	0.002	0.006	0.002
13 (E)- $\beta$ -ocimene	0.042	0.017	0.026	0.006
14 $\gamma$ -terpinene	0.029	0.019	0.014	0.010
15 trans-sabinene hydrate	0.009	0.003	0.006	0.001
16 octanol	0.018	0.007	0.008	0.004
17 terpinolene	0.023	0.005	0.030	0.007
18 linalool	0.478	0.070	0.358	0.039
19 nonanal	0.045	0.012	0.028	0.007
20 cis-limonene oxide	0.014	0.005	0.008	0.005
21 trans-limonene oxide	0.020	0.005	0.016	0.004
22 citronellal	0.041	0.010	0.036	0.004
23 terpinen-4-ol	0.007	0.002	0.004	0.002
24 $\alpha$ -terpineol	0.053	0.015	0.034	0.008
25 decanal	0.229	0.044	0.135	0.027
26 octyl acetate	0.008	0.003	0.006	0.002
27 cis-carveol	0.005	0.002	0.004	0.001
28 nerol	0.015	0.004	0.010	0.004
29 neral	0.064	0.015	0.037	0.008
30 geraniol	0.006	0.002	0.004	0.001
31 geranial	0.095	0.021	0.055	0.013
32 perillaldehyde	0.010	0.002	0.006	0.001
33 bornyl acetate	0.012	0.004	0.009	0.002
34 undecanal	0.011	0.002	0.008	0.001
35 nonyl acetate	0.004	0.001	0.003	0.001
36 $\alpha$ -terpinyl acetate	0.003	0.001	0.003	0.002
37 citronellyl acetate	0.004	0.002	0.005	0.002
38 neryl acetate	0.007	0.001	0.007	0.001
39 $\alpha$ -copaene	0.019	0.002	0.022	0.007
40 geranyl acetate	0.007	0.001	0.008	0.002
41 $\beta$ -cubebene + $\beta$ -elemene	0.023	0.005	0.023	0.006
42 dodecanal	0.038	0.013	0.021	0.006
43 decyl acetate	0.009	0.007	0.010	0.005
44 $\beta$ -caryophyllene	0.016	0.002	0.018	0.005
45 $\alpha$ -cadinene	0.018	0.003	0.015	0.002
46 $\alpha$ -humulene	0.004	0.002	0.005	0.002
47 (Z)- $\beta$ -farnesene	0.015	0.007	0.009	0.004
48 $\gamma$ -muurolene	0.016	0.003	0.017	0.003
49 germacrene D	0.007	0.003	0.011	0.006
50 valencene	0.078	0.049	0.162	0.104
51 $\gamma$ -cadinene	0.005	0.001	0.004	0.001
52 $\alpha$ -farnesene	0.013	0.005	0.008	0.003
53 $\delta$ -cadinene	0.023	0.003	0.023	0.002
54 tridecanal	t		t	
55 (Z)-nerolidol	0.003	0.001	0.003	0.001
56 tetradecanal	t		t	
57 $\beta$ -sinensal	0.029	0.009	0.016	0.007
58 $\alpha$ -sinensal	0.018	0.008	0.011	0.005
59 nootkatone	0.010	0.005	0.013	0.008
hydrocarbons	98.298	0.204	98.754	0.197
monoterpenes	98.145	0.213	98.604	0.206
sesquiterpenes	0.153	0.021	0.150	0.019
oxygenated compounds	1.533	0.196	0.991	0.125
carbonyl compounds	0.857	0.143	0.488	0.093
alcohols	0.593	0.088	0.429	0.050
esters	0.050	0.016	0.049	0.011
aliphatic aldehydes	0.594	0.108	0.321	0.068
terpenic aldehydes	0.257	0.048	0.159	0.032

t = trace

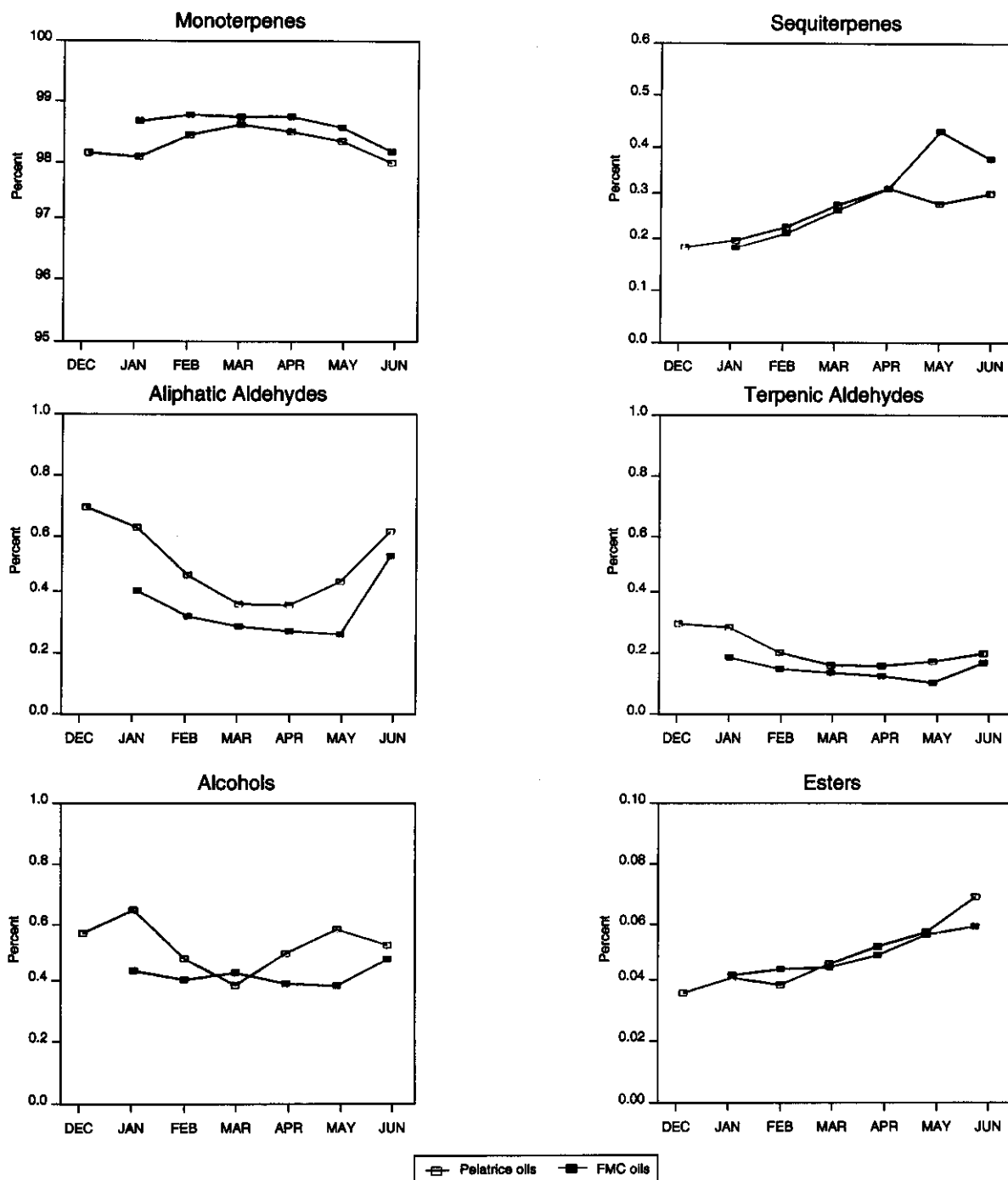


Figure 13. Variation in average content of some classes of substances for sweet orange oils processed by "Pelatrice" and "FMC" machines

their valencene content; it is higher in blood oils, especially late-season oils, and is generally lower in blond oils.

The variation trend of the aldehyde content of Italian sweet orange oils is different from that of North American oils. In these oils the aldehyde content increases during the productive season.<sup>22-24</sup>

The aldehyde content of Italian oils is the same or a little higher than those of Spanish<sup>17,18</sup> and South American

oils<sup>16,19,25</sup> but lower than that of Florida, California and Israeli oils.<sup>26,27</sup>

### Bitter Orange Oil

Bitter orange oil is produced by the usual industrial techniques such as "Pelatrice," "Sfumatrice," "Torchì," "FMC." The volatile fraction of bitter orange oil represents about 95-97% of the oil.

Figure 16 shows the chromatogram of a bitter orange oil obtained using an SE-52 capillary column. The composition of the oil as single components and classes of substances can be seen in Table XI. The results reported in Table XI are relative to ten absolutely genuine industrial samples obtained during the production season 1991-1992.

The main component is limonene, the content of which always exceeds 93%. Among the minor monoterpene hydrocarbons, only myrcene exceeds 1%.

Linalyl acetate is the main oxygenated compound of bitter orange oil, and it represents the major part of the esters. Linalool is the main alcohol, while octanal and decanal are the main carbonyl compounds.

Oxygenated compounds do not exceed 2.2%. Esters range from 0.8% to 1.4%; carbonyl compounds from 0.35% to 0.63% and alcohols from 0.33% to 0.46%.

Italian bitter orange oil possesses higher contents of aliphatic and terpenic aldehydes, linalyl acetate and linalool than Spanish bitter orange oil, while the content of  $\alpha$ -terpineol and nootkatone is lower. In comparison with oils produced in the Ivory Coast, the Italian oil possesses an equivalent linalyl acetate content while the linalool and  $\alpha$ -terpineol contents are higher and lower respectively. In both oils nootkatone was either absent or present as a trace constituent. When compared with Brazilian oils, the Italian oil is richer in an aliphatic aldehyde, linalyl acetate and

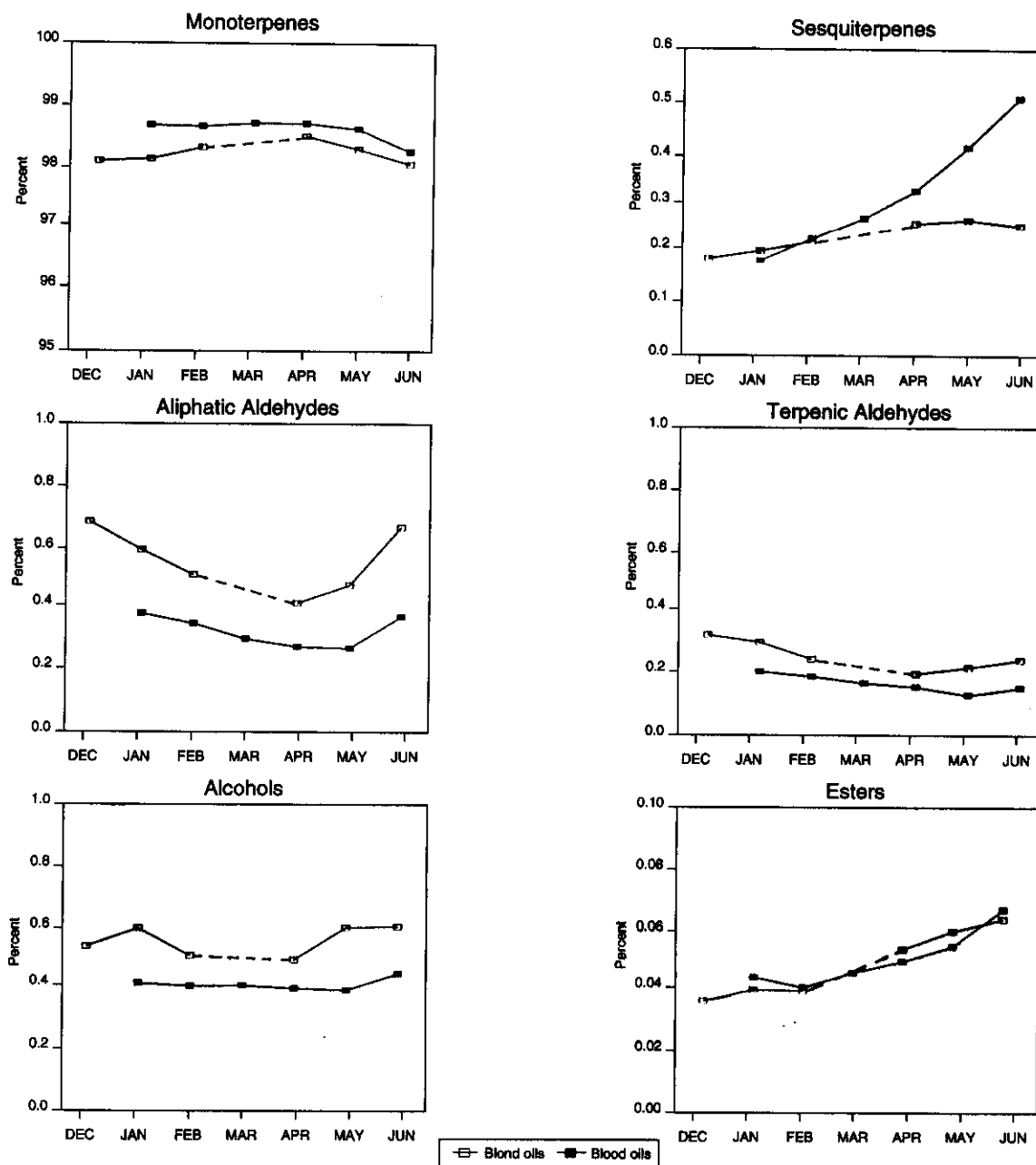
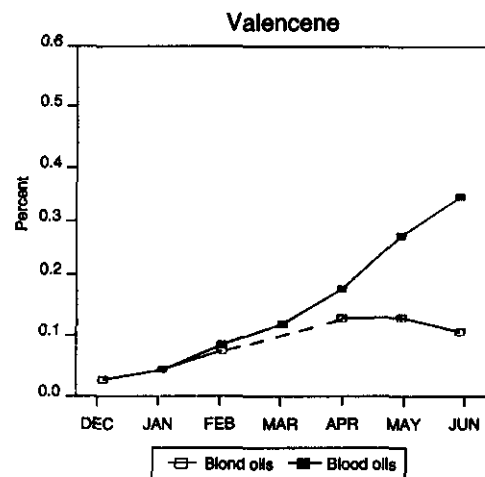


Figure 14. Variation in average content of some classes of substances for blond and blood sweet orange oils

**Table XI. Composition of the volatile fraction of bitter orange oil**

	$\bar{X}$	s	Min	Max
1 hexanol	0.001	0.001	0.000	0.003
2 $\alpha$ -thujene	0.006	0.002	0.004	0.009
3 $\alpha$ -pinene	0.563	0.019	0.521	0.585
4 camphene	0.007	0.001	0.005	0.007
5 sabinene	0.315	0.064	0.263	0.452
6 $\beta$ -pinene	0.940	0.159	0.634	1.281
7 myrcene	1.789	0.039	1.705	1.843
8 octanal	0.135	0.024	0.106	0.191
9 $\alpha$ -phellandrene	0.058	0.010	0.045	0.082
10 $\delta$ -3-carene	0.003	0.001	0.001	0.005
11 $\alpha$ -terpinene	0.002	0.001	0.001	0.005
12 p-cymene + limonene	93.563	0.218	93.200	93.861
13 (Z)- $\beta$ -ocimene	0.010	0.003	0.006	0.014
14 (E)- $\beta$ -ocimene	0.308	0.061	0.187	0.382
15 $\gamma$ -terpinene	0.056	0.041	0.007	0.127
16 trans-sabinene hydrate	0.003	0.002	0.002	0.008
17 octanol	0.005	0.004	0.001	0.014
18 terpinolene	0.007	0.002	0.004	0.010
19 cis-sabinene hydrate	0.001	0.000	0.000	0.001
20 linalool	0.270	0.042	0.199	0.333
21 nonanal	0.027	0.008	0.015	0.036
22 cis-limonene oxide	0.005	0.004	0.001	0.010
23 trans-limonene oxide	0.003	0.002	0.001	0.006
24 isopulegol	0.003	0.002	0.001	0.006
25 citronellal	0.005	0.004	0.002	0.015
26 borneol	0.002	0.001	0.001	0.005
27 nonanol	0.001	0.000	0.001	0.001
28 terpinen-4-ol	0.004	0.003	0.001	0.008
29 $\alpha$ -terpineol	0.042	0.008	0.030	0.059
30 decanal	0.123	0.026	0.106	0.194
31 octyl acetate	0.038	0.006	0.032	0.050
32 nerol + citronellol	0.004	0.002	0.001	0.007
33 neral	0.045	0.008	0.032	0.055
34 piperitone	0.002	0.001	0.001	0.003
35 linalyl acetate	0.894	0.152	0.642	1.173
36 geranial	0.074	0.017	0.048	0.098
37 perillaldehyde	0.009	0.002	0.005	0.011
38 undecanal	0.008	0.005	0.001	0.015
39 nonyl acetate	0.003	0.002	0.001	0.008
40 ester	0.016	0.007	0.005	0.028
41 $\alpha$ -terpinyl acetate	0.006	0.001	0.004	0.007
42 citronellyl acetate	0.007	0.001	0.005	0.009
43 neryl acetate	0.020	0.003	0.016	0.024
44 geranyl acetate	0.098	0.014	0.075	0.114
45 dodecanal	0.015	0.004	0.010	0.026
46 decyl acetate	0.027	0.007	0.010	0.038
47 $\beta$ -caryophyllene	0.052	0.010	0.035	0.063
48 trans- $\alpha$ -bergamotene	0.014	0.004	0.009	0.019
49 $\alpha$ -humulene	0.007	0.002	0.004	0.009
50 $\beta$ -santalene	0.009	0.003	0.003	0.012
51 carbonyl compound	0.012	0.002	0.003	0.015
52 germacrene D	0.108	0.014	0.087	0.134
53 germacrene B	0.009	0.001	0.007	0.011
54 $\beta$ -bisabolene	0.003	0.002	0.001	0.006
55 $\beta$ -sesquiphellandrene	0.009	0.001	0.007	0.012
56 (E)-nerolidol	0.062	0.012	0.045	0.083
57 tetradecanal	0.002	0.001	0.001	0.003
58 (Z,E)-farnesol	0.004	0.003	0.001	0.012
59 $\alpha$ -sinensal	0.001	0.001	0.000	0.002
60 nootkatone	0.001	0.001	0.000	0.002
hydrocarbons	97.836	0.195	97.486	98.079
monoterpenes	97.625	0.185	97.291	97.845
sesquiterpenes	0.211	0.032	0.167	0.260
oxygenated compounds	1.964	0.106	1.847	2.202
carbonyl compounds	0.459	0.078	0.349	0.629
alcohols	0.397	0.039	0.333	0.459
esters	1.108	0.163	0.825	1.407


**Figure 15. Variation in average content of valencene for blond and blood sweet orange oils**
**Table XII. Comparison of some components for different bitter orange oils**

	Italy <sup>11</sup>	Spain <sup>17,18</sup>	Ivory Coast <sup>28</sup>	Brazil <sup>19</sup>
aliphatic aldehydes	0.310	0.116	0.281	0.17*
terpene aldehydes	0.128	0.092	0.119	0.17
linalool	0.270	0.152	0.101	0.21
$\alpha$ -terpineol	0.042	0.567	0.081	0.07
linalyl acetate	0.894	0.284	0.070	0.37
nootkatone	0.001	0.082	0.001	-

\*This result does not include octanal

linalool while it contains less of a terpene aldehyde and  $\alpha$ -terpineol than Brazilian oils. In both oils nootkatone is either absent or present as a trace constituent. The differences mentioned above can be seen in Table XII.

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Address correspondence to Giovanni Dugo, Dipartimento Farmaco-chimico, Facoltà di Farmacia, Università di Messina, Messina, Italy.

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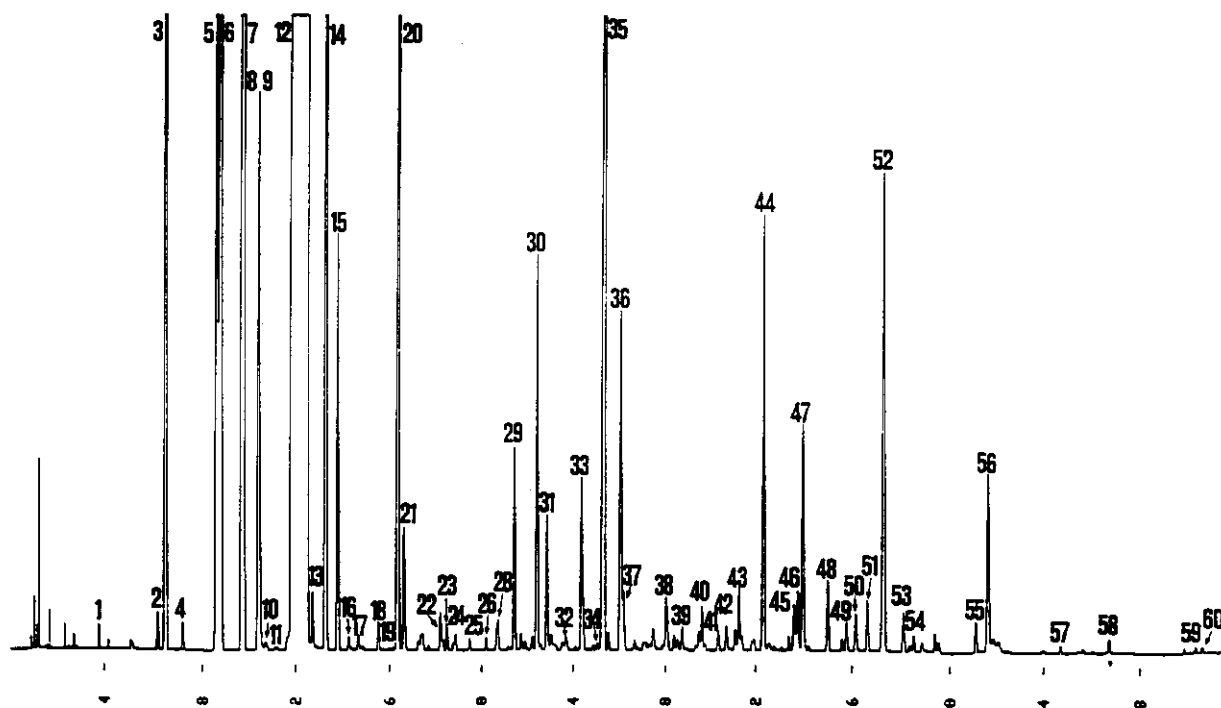


Figure 16. Gas chromatogram of a bitter orange oil. Experimental condition: see Figure 3. For identification of components, see Table XI

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